Policy Document

1. Terms & Conditions

The insurance cover provided under this Policy to the Insured Person/s up to the Sum Assured is and shall be subject to (a) the terms and conditions of this Policy and (b) the receipt of premium, and (c) the information You provided to Us (including by way of the Proposal form or Information Summary Sheet) on Your behalf and on behalf of each of the Insured Persons

2. Benefit

This Policy provides benefits up to the Sum Assured for the specified events occurring during the Policy Period and while the Policy is in force for an Illness and/or, Accident and/or Hospitalization or the conditions described below subject to any specific limits specified in the Product Benefits Table, the terms, conditions, limitations and specific and general exclusions mentioned in the Policy and as shown in the Schedule of Insurance Certificate and eligibility for the insurance plan opted for as specified in the Product Benefit Table.

2.1. Personal Accident Cover (Individual or Family option)

If any of the Insured Persons dies or sustains any bodily injury resulting solely and directly from Accident occurring during the Policy Period at any location worldwide, and while the Policy is in force, We will provide the benefits described below:

2.1.1 Accidental Death

If an Insured Person dies solely and directly due to Accidental bodily injury within 90 days from occurrence of such Accidental bodily injury We will pay the Sum Assured specified in the Schedule of Insurance Certificate.

2.1.2 Child Education Benefit (only in Family option, where children have been included)

If We have accepted a claim for the Accidental death of the Proposer under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment equal to the lower of 5% of the Sum Assured payable under 2.1.1 or Rs 50,000 as an education benefit for each of that Proposer's children, provided that each such child is an Insured Person under the Policy.

2.1.3 Funeral Expenses

If We have accepted a claim for the Accidental death of an Insured Person under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment of Rs 5,000 towards the funeral expenses of that Insured Person.

2.1.4 Accidental Permanent Total Disability (PTD)

If an Insured Person suffers Permanent Total Disability solely and directly due to an Accident and within ninety (90) days of such Accident, We will pay the Sum Assured specified in the Schedule of Insurance Certificate provided that:

- 2.1.4.1 the Permanent Total Disability is proved to Our satisfaction; and a disability certificate is presented to Us, and such disability certificate shall be issued by a Medical Board duly constituted by the Central and the State Government; and
- 2.1.4.2 We will admit a claim under 2.1.4 only if the Permanent Total Disability continues for a period of at least 6 continuous calendar months from the commencement of the Permanent Total Disability; and
- 2.1.4.3 If the Insured Person dies before a claim has been admitted under 2.1.4, no amount will be payable under 2.1.4; and
- 2.1.4.4 We will not make payment under 2.1.4 in respect of an Insured Person and for any and all Policy Periods more than once in the Insured Person's lifetime.
- 2.1.4.5 If the Insured Person is equal to or more than 65 years of age on the date of the Accident, then We will not make any payment under 2.1.4 unless the Insured Person has suffered Permanent Total Disability which is 'Loss of use of limbs or sight' or 'Loss of independent living'.

2.1.5 Child Education Benefit (available only in Family option with children)

If We have accepted a claim for the Permanent Total Disability of the Proposer under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment equal to the lower of 5% of the Sum Assured payable under 2.1.1 or Rs 50,000 as an education benefit for each of that Proposer's children, provided that each such child is an Insured Person under the Policy.

2.1.6 Accidental Permanent Partial Disability (PPD)

If an Insured Person suffers Permanent Partial Disability solely and directly due to an Accident and within ninety (90) days of such Accident, We will pay the amount specified in the grid below which is a percentage of the Sum Assured specified in the Schedule of Insurance Certificate, provided that:

The Permanent Partial Disability is proved to Our satisfaction; and a disability certificate is presented to us, and such disability certificate shall be issued by a Medical Board duly constituted by the Central and the State Government: and

- 2.1.6.1 We will admit a claim under 2.1.5 only if the Permanent Partial Disability continues for a period of at least 6 continuous calendar months from the commencement of the Permanent Partial Disability; and
- 2.1.6.2 If the Insured Person dies before a claim has been admitted under 2.1.5, no amount will be payable under 2.1.5.

		% of the Sum	
Sno	Nature of Permanent Partial Disability	Assured	
1	Loss or total and permanent loss of use of both the hands from the wrist joint	100%	
2	Loss or total and permanent loss of use of both feet from the ankle joint	100%	
3	Loss or total and permanent loss of use of one hand from the wrist joint and of one foot from the ankle joint	100%	
4	Loss or total and permanent loss of use of one hand from the wrist joint and total and permanent loss of sight in one eye	100%	
5	Loss or total and permanent loss of use of one foot from the ankle joint and total and permanent loss of sight in one eye	100%	
6	Total and permanent loss of speech and hearing in both ears	100%	
7	Quadriplegia	100%	
8	Total and permanent loss of hearing in both ears	50%	
9	Loss or total and permanent loss of use of one hand from wrist joint	50%	
10	Loss or total and permanent loss of use of one foot from ankle joint	50%	
11	Total and permanent loss of sight in one eye	50%	
12	Total and permanent loss of speech	50%	
13	Uniplegia	25%	

2.1.6.3 If a claim has been admitted under 2.1.4, then no further claim in respect of the same condition will be admitted under 2.1.5,

2.2. Critical Illness Cover (Individual or Family Floater Option)

If an Insured Person suffers a Critical Illness during the Policy Period and while the Policy is in force, We will pay the Sum Assured specified in the Schedule of Insurance Certificate provided that:

- (a) Such Critical Illness first occurs or manifests itself during the Policy Period; and
- (b) The signs or symptoms of such Critical illness commence after 90 days from the date of commencement of the Policy specified in the Schedule of Insurance Certificate; and
- (c) The Insured Person survives for a minimum period of at least 30 days from the date of diagnosis of such Critical Illness for the claim to be admissible under 2.2.
- (d) If this Critical Illness cover is in force on a Family Floater basis, then:
 - We will not be liable to make payment under this cover in respect of any and all Insured Persons more than once in a Policy Year;
 - (ii) If We have admitted a claim under this cover for an Insured Person in any Policy Year, this cover shall not be renewed in respect of that Insured Person for any subsequent Policy Year, but the cover will be renewed for the other Insured Persons.

For the purpose of this Critical Illness Cover, 'Critical Illness' means the following illnesses:

1. Cancer

A malignant tumour characterised by the uncontrolled growth and spread of malignant cells with invasion and destruction of normal tissues. This diagnosis must be supported by histological evidence of malignancy and confirmed by a pathologist. The term cancer includes leukemia, lymphoma and sarcoma.

The following are excluded:

- Tumours showing the malignant changes of carcinoma in situ and tumours which are histologically described as premalignant or non invasive, including but not limited to: Carcinoma in situ of breasts, Cervical dysplasia CIN-1, CIN -2 & CIN-3.
- Any skin cancer other than invasive malignant melanoma.
- All tumours of the prostate unless histologically classified as having a Gleason score greater than 6 or having progressed to at least clinical TNM classification T2N0M0.
- Papillary micro carcinoma of the thyroid less than 1 cm in diameter.

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- Chronic lymphocyctic leukaemia less than RAI stage 3.
- Microcarcinoma of the bladder.
- All tumours in the presence of HIV infection.

2. First Heart Attack

The first occurrence of myocardial infarction which means the death of a portion of the heart muscle as a result of inadequate blood supply to the relevant area. The diagnosis for this shall be evidenced by all of the following criteria:

- a) history of typical clinical symptoms consistent with the diagnosis of Acute Myocardial Infarction (for e.g. typical chest pain); and
- b) new characteristic electrocardiogram changes; and
- c) elevation of infarction specific enzymes, Troponins or other specific biochemical markers.

The following are excluded:

- a) Non-ST-segment elevation myocardial infarction (NSTEMI) with elevation of Troponin I or T;
- b) Other acute Coronary Syndromes
- c) Any type of angina pectoris

3. Open Chest Coronary Artery Bypass Surgery

The actual undergoing of open chest surgery for the correction of one or more coronary arteries, which is/are narrowed or blocked, by coronary artery bypass graft (CABG). The diagnosis must be supported by a coronary angiography and the realization of surgery has to be confirmed by a specialist medical practitioner.

Excluded are:

- a) Angioplasty and/or any other intra-arterial procedures
- b) Any key-hole or laser surgery.

4. Open Heart Valve Replacement or Repair

The actual undergoing of open-heart valve surgery to replace or repair one or more heart valves, as a consequence of defects in, abnormalities of, or disease-affected cardiac valves. The Page **5** of **34**

diagnosis of the valve abnormality must be supported by an echocardiography and the realization of surgery has to be confirmed by a specialist medical practitioner.

Catheter based techniques including but not limited to, balloon valvotomy/valvuloplasty are excluded.

5. Coma

A state of unconsciousness with no reaction or response to external stimuli or internal needs. This diagnosis must be supported by evidence of all of the following:

- a) no response to external stimuli continuously for at least 96 hours;
- b) life support measures are necessary to sustain life; and
- c) permanent neurological deficit which must be assessed at least 30 days after the onset of the coma.

The condition has to be confirmed by a specialist medical practitioner. Coma resulting directly from alcohol or drug abuse is excluded.

6. Kidney Failure

End stage renal disease presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis (hemodialysis or peritoneal dialysis) is instituted or renal transplantation is carried out. Diagnosis has to be confirmed by a specialist medical practitioner.

7. Stroke

Any cerebrovascular incident producing permanent neurological sequelae. This includes infarction of brain tissue, thrombosis in an intracranial vessel, haemorrhage and embolisation from an extracranial source.

Diagnosis has to be confirmed by a specialist medical practitioner and evidenced by typical clinical symptoms as well as typical findings in CT Scan or MRI of the brain.

Evidence of permanent neurological deficit lasting for atleast 3 months has to be produced.

The following are excluded from Stroke:

- i. Transient ischemic attacks (TIA)
- ii. Traumatic injury of the brain
- iii. Vascular disease affecting only the eye or optic nerve or vestibular functions
- iv. Vascular malformations

8. Major Organ Transplant

The actual undergoing of a transplant of:

- One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end-stage failure of the relevant organ, or
- Human bone marrow using haematopoietic stem cells .

The undergoing of a transplant has to be confirmed by a specialist medical practitioner.

The following are excluded:

- Other stem-cell transplants
- Where only islets of langerhans are transplanted

9. Paralysis

Total and irreversible loss of use of two or more limbs as a result of injury or disease of the brain or spinal cord. A specialist medical practitioner must be of the opinion that the paralysis will be permanent with no hope of recovery and must be present for more than 3 months.

10. Motor Neurone Disease

Motor neurone disease diagnosed by a specialist medical practitioner as Spinal Muscular Atrophy, Progressive Bulbar Palsy, Amyotrophic Lateral Sclerosis or Primary Lateral Sclerosis. There must be progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurons. There must be current significant and permanent functional neurological impairment with objective evidence of motor dysfunction that has persisted for a continuous period of at least 3 months.

11. Multiple Sclerosis

The definite occurrence of multiple sclerosis. The diagnosis must be supported by all of the following:

- investigations including typical MRI and CSF findings, which unequivocally confirm the diagnosis to be Multiple Sclerosis; and
- there must be current clinical impairment of motor or sensory function, which must have persisted for a continuous period of at least 6 months, and
- well documented clinical history of exacerbations and remissions of said symptoms or neurological deficits with atleast two clinically documented episodes atleast one month apart.

Other causes of neurological damage such as SLE and HIV are excluded.

Additional Benefits

12. Aplastic Anaemia

Aplastic Anemia is chronic persistent bone marrow failure. A certified hematologist must make the diagnosis of severe irreversible aplastic anemia. There must be permanent bone marrow failure resulting in bone marrow cellularity of less than 25% and there must be two of the following:

- a) Absolute neutrophil count of less than 500/mm³
- b) Platelets count less than 20,000/mm³
- c) Reticulocyte count of less than 20,000/mm³

The Insured Person must be receiving treatment for more than 3 consecutive months with frequent blood product transfusions, bone marrow stimulating agents, or immunosuppressive agents or the Insured Person has received a bone marrow or cord blood stem cell transplant. Temporary or reversible Aplastic Anemia is excluded and not covered under this Policy.

13. Bacterial Meningitis

Bacterial meningitis is a bacterial infection of the meninges of the brain causing brain dysfunction. There must be an unequivocal diagnosis by a consultant physician of bacterial meningitis that must be proven on analysis of the cerebrospinal fluid. There must also be permanent objective neurological deficit that is present on physical examination at least 3 months after the diagnosis of the meningitis infection.

14. Loss of Speech

Total and permanent loss of the ability to produce intelligible speech as a result of irreversible damage to the larynx or its nerve supply from the speech centres of the brain caused by injury, tumour or sickness. Medical evidence must be supplied by an appropriate specialist to confirm laryngeal dysfunction and that the loss of speech has lasted for more than 6 months continuously. All psychiatric causes of loss of speech are excluded.

No benefit will be payable if, in general medical opinion, a device, or implant could result in the partial or total restoration of speech.

15. End Stage Liver Disease

Permanent and irreversible failure of liver function that has resulted in all three of the following:

- a) Permanent jaundice; and
- b) Ascites; and
- c) Hepatic Encephalopathy.

Liver failure secondary to drug or alcohol abuse is excluded.

16. Deafness

Total, bilateral and irreversible loss of all sounds as a result of sickness or Accident. Medical evidence shall be supplied by an appropriate specialist and must include audiometric and sound-threshold testing. The deafness must not be correctable by aides or surgical procedures. Evidence of total, bilateral and irreversible deafness persisting for at least six months has to be produced.

17. End-stage Lung Disease

End stage lung disease, causing chronic respiratory failure, as evidenced by all of the following:

- a) FEV1 test results consistently less than 1 litre measured on 3 occasions 3 months apart; and
- b) Requiring continuous permanent supplementary oxygen therapy for hypoxemia; and
- c) Arterial blood gas analyses with partial oxygen pressures of 55mmHg or less (PaO2< 55mmHg); and

d) Dyspnea at rest.

This diagnosis must be confirmed by a respiratory physician.

18. Fulminant Viral Hepatitis

A sub-massive to massive necrosis of the liver by any virus, leading precipitously to liver failure. This diagnosis must be supported by all of the following:

- a) rapid decreasing of liver size; and
- b) necrosis involving entire lobules, leaving only a collapsed reticular framework; and
- c) rapid deterioration of liver function tests; and
- d) deepening jaundice; and
- e) hepatic encephalopathy.

Acute Hepatitis infection or carrier status alone does not meet the diagnostic criteria.

19. Major Burns

Third degree (full thickness of the skin) burns covering at least 20% of the surface of the Insured Person's body. A certified physician must confirm the diagnosis and the total area involved. Self inflicted burns are excluded.

20. Muscular Dystrophy

Muscular Dystrophy is a disease of the muscle causing progressive and permanent weakening of certain muscle groups. The diagnosis of Muscular Dystrophy must be made by a consultant neurologist, and confirmed with the appropriate laboratory, biochemical, histological, and electromyographic evidence. The disease must result in the permanent inability of the Insured Person to perform (whether aided or unaided) at least three (3) of the six (6)"Activities of Daily Living".

Activities of Daily Living are defined as:

- i. **Washing** : the ability to maintain an adequate level of cleanliness and personal hygiene
- ii. **Dressing** : the ability to put on and take off all necessary garments, artificial limbs or other surgical appliances that are medically necessary

- iii. **Feeding** : the ability to transfer food from a plate or bowl to the mouth once food has been prepared and made available
- iv. **Toileting** : the ability to manage bowel and bladder function, maintaining an adequate and socially acceptable level of hygiene
- v. **Mobility** : the ability to move indoors from room to room on level surfaces at the normal place of residence
- vi. **Transferring**: the ability to move from a lying position in a bed to a sitting position in an upright chair or wheel chair and vice versa.

2.3. Hospital Cash Benefit

- 2.3.1. If an Insured Person is Hospitalised solely and directly due to a bodily injury arising from an Accident or due to an Illness, then We will pay the Daily Allowance specified in the Product Benefit Table for each continuous and completed period of 24 hours of Hospitalisation provided that:
- (a) We shall not be liable to make any payment for Hospitalisation and/or treatment and/or treatment following diagnosis which occurs within 30 days from the date of commencement of the Policy specified in the Schedule of Insurance Certificate, unless such Hospitalisation is required solely and directly due to an Accident;
- (b) The Insured Person is Hospitalised for a minimum period of at least 2 days with continuous and completed periods of at least 24 hours following which the Daily Allowance will be payable from the first day of Hospitalisation;
- (c) We shall not be liable to make payment of the Daily Allowance under this benefit for more than 45 days in a Policy Year, including all days of admission to the Intensive Care Unit.
- 2.3.2. If an Insured Person is required to be admitted to the Intensive Care Unit of a Hospital solely and directly due to a bodily injury arising from an Accident or due to an Illness, then We will pay twice the Daily Allowance specified in the Product Benefit Table for each continuous and completed period of 24 hours of admission in the Intensive Care Unit provided that:
- (a) We shall not be liable to make any payment for Hospitalisation which occurs within 30 days from the later of the date of commencement of the Policy specified in the Schedule of Insurance Certificate, unless such Hospitalisation is required solely and directly due to an Accident
- (b) We shall not be liable to make payment under this benefit for more than 7 days in a Policy Year.

(c) The Insured Person is Hospitalised for a minimum period of at least 2 days with continuous and completed periods of at least 24 hours following which the benefit amount will be payable from the first day of Hospitalisation

3. Exclusions

In addition to exclusions/waiting periods specified elsewhere in the Policy Document, We shall not be liable under this Policy for any claim in connection with or in respect of the following:

a. Pre-Existing Conditions

Benefits will not be available for Pre-existing Conditions until 48 months of continuous coverage have elapsed since the inception of the first Policy with Us for the respective benefit.

b. Specific Waiting Period for the Hospital Cash Benefit under 2.3

For the payment of the Hospital Cash Benefit, the disease conditions / treatments listed below will be subject to a waiting period of 24 months and will be covered from the commencement of the third Policy Year as long as the Insured Person has been insured continuously under the Policy without any break

- 1. Stones in biliary and urinary systems
- 2. Lumps / cysts / nodules / polyps / internal tumours
- 3. Gastric and Duodenal Ulcers
- 4. Surgery on tonsils / adenoids
- Osteoarthrosis / Arthritis / Gout / Rheumatism / Spondylosis / Spondylitis / Intervertebral Disc Prolapse
- 6. Cataract
- 7. Fissure / Fistula / Haemorrhoids
- 8. Hernia / Hydrocele / Varicocoele / Spermatocoele
- 9. Chronic Renal Failure or end stage Renal Failure
- Sinusitis / Deviated Nasal Septum / Tympanoplasty / Chronic Suppurative Otitis Media

- 11. Benign Prostatic Hypertrophy
- 12. Joint replacement surgery
- 13. Dilatation and Curettage
- 14. Varicose veins
- 15. Dysfunctional Uterine Bleeding / Fibroids / Prolapse Uterus / Endometriosis
- 16. Diabetes and related complications
 - a) Hyperglycaemia with or without coma
 - b) Hypoglycaemia with or without coma
 - c) Diabetic Ketoacidosis
 - d) Diabetic Nephropathy
 - e) Diabetic Retinopathy
 - f) Diabetic Neuropathy
- 17. Hysterectomy for any benign disorder
- 18. Thyroid and parathyroid gland disorders excluding malignancy
- 19. High Blood Pressure and its complications, direct results of or accompanied by it including but not limited to stroke, cerebral hemorrhage
- 20. Any heart, heart valves or coronary disorders.

c. Permanent Exclusions

1. Specific Exclusions for Personal Accident Cover under 2.1

We shall not be liable to make any payment under any benefits under the Personal Accident Cover under 2.1 if the claim is attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

i. Suicide or self inflicted injury, whether the Insured Person is medically sane or insane.

- ii. War (whether declared or not), invasion, act of foreign enemy, hostilities, civil war, martial law, rebellion, revolution, insurrection, military or usurper power, riot or civil commotion..
- iii. Service in the armed forces, or any police organization, of any country at war or at peace or service in any force of an international body or participation in any of the naval, military or air force operation during peace time.
- iv. Any change of profession after inception of the Policy which results in the enhancement of Our risk, if not accepted and endorsed by Us on the Schedule of Insurance Certificate.
- v. Committing an assault, a criminal offence or any breach of law with criminal intent.
- vi. Taking or absorbing, accidentally or otherwise, any intoxicating liquor, drug, narcotic, medicine, sedative or poison, except as prescribed by a licensed doctor other than the Policyholder or an Insured Person.
- vii. Inhaling any gas or fumes, accidentally or otherwise, except accidentally in the course of duty.
- viii. Participation in aviation other than as a fare-paying passenger in an aircraft that is authorized by the relevant regulations to carry such passengers between established aerodromes
- ix. engaging in or taking part in professional sports or any hazardous pursuits, such as diving or riding or any kind of race; underwater activities involving the use of breathing apparatus or not; martial arts; hunting; mountaineering; parachuting; bungee-jumping;
- x. Any disability arising out of Pre-existing Conditions if not accepted and endorsed by Us.
- xi. Body or mental infirmity or any disease except where such condition arises directly as a correspondence of an Accident during the Policy Period. However this exclusion is not applicable to claims made under the PPD benefit

2. Specific Exclusions for Critical Illnesses under 2.2

In addition to any conditions and exclusions listed under each Critical Illness, We shall not be liable to make any payment of the Critical Illness Benefit under 2.2 if the claim is attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

- a. Acquired Immune Deficiency Syndrome (AIDS), AIDS-related complex or infection by Human Immunodeficiency Virus (HIV); or
- b. the Insured's attempted suicide or self-inflicted injuries while sane or insane; or
- c. any congenital or inherited disorder or developmental conditions of the Insured; or
- d. narcotics used by the Insured Person unless taken as prescribed by a registered doctor, or the Insured Person's abuse of drugs and/or consumption of alcohol; or
- e. Failure to seek or follow medical advice; or
- f. War (whether war be declared or not), invasion, act of foreign enemy, hostilities, armed or unarmed truce, civil war, mutiny, rebellion, revolution, insurrection, military or usurped power, riot or civil commotion, strikes; or
- g. taking part in any naval, military or air force operation during peace time; or
- h. participation by the Insured Person in any flying activity, except as a bona fide, fare-paying passenger of a recognized airline on regular routes and on a scheduled timetable.
- i. participation by the Insured Person in a criminal or a breach of law with criminal intent or
- engaging in or taking part in professional sports or any hazardous pursuits, such as diving or riding or any kind of race; underwater activities involving the use of breathing apparatus or not; martial arts; hunting; mountaineering; parachuting; bungee-jumping; or
- k. nuclear contamination; the radioactive, explosive or hazardous nature of nuclear fuel materials or property contaminated by nuclear fuel materials or accident arising from such nature.

3. Specific Exclusions for Hospital Cash Benefit under 2.3

We shall not be liable to make any payment if Hospitalization or any claim under this benefit are attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

- i. Hospitalisation not in accordance with the diagnosis and treatment of the condition for which the hospital confinement was required;
- ii. Elective surgery or treatment which is not medically necessary;
- iii. Treatment for weight reduction or weight improvement regardless of whether the same is caused (directly or indirectly) by a medical condition;
- iv. Any dental care or surgery of cosmetic nature, extraction of impacted tooth/teeth, orthodontics or orthognathic surgery, or temperomandibular joint disorder except as necessitated by an accidental injury
- Treatment for infertility or impotency, sex change or any treatment related to it, abortion, sterilization and contraception including any complications relating thereto;
- vi. Treatment arising from pregnancy and it's complications which shall include childbirth or abortion or threatened abortion excluding ectopic pregnancy;
- vii. Treatment for congenital conditions,
- viii. Hospitalisation primarily for diagnosis, X-ray examinations, general physical or medical check-up not followed by active treatment during the hospitalisation period or hospitalization where no active treatment is given by the medical practitioner
- ix. Experimental or unproven procedures or treatments, devices or pharmacological regimens of any description
- x. Treatment under any system other than allopathy;

- xi. Treatment of any mental or psychiatric condition including but not limited to insanity, mental or nervous breakdown / disorder, depression, dementia, Alzheimer's disease or rest cures;
- xii. Admission to a nursing home or home for the care of the aged for rehabilitation, or convalescence.
- xiii. Treatment directly or indirectly arising from alcohol, drug or substance abuse and any illness or accidental physical injury which may be suffered after consumption of intoxicating substances, liquors or drugs;
- xiv. Treatment directly or indirectly arising from or consequent upon war (whether war be declared or not), invasion, acts of foreign enemies, hostilities, civil war, rebellion, active participation in strikes, riots or civil commotion, revolution, insurrection or military or usurped power, and full-time service in any of the armed forces;
- xv. Acquired Immune Deficiency Syndrome (AIDS) and all illnesses or diseases caused by or related to the Human Immuno-deficiency Virus;
- xvi. Sexually transmitted diseases;
- xvii. Cosmetic or plastic surgery except to the extent that such surgery is necessary for the repair of damage caused solely by accidental injuries; treatment of xanthelesema, syringoma, acne and alopecia;
- xviii. Nuclear disaster, radioactive contamination and/or release of nuclear or atomic energy;
- xix. Treatment for accidental physical injury or illness caused by intentionally self-inflicted injuries; or any attempts of suicide while sane or insane;
- xx. Treatment for accidental physical injury or illness caused by violation or attempted violation of the law, or resistance to arrest;
- xxi. Treatment for accidental physical injury or illness caused by professional sports, racing of any kind, scuba diving, aerial sports, activities such as hand-gliding, ballooning, and any other hazardous activities or sports unless agreed by special endorsement;

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- xxii. Circumcision unless necessary for treatment of a disease or necessitated due to an accident;
- xxiii. Hospitalization where the Insured Person is a donor for any organ transplant;
- xxiv. Any treatment outside of Republic of India
- xxv. Treatment to assist reproduction, including IVF treatment
- xxvi. Hormone Replacement Therapy
- xxvii. Ageing and Puberty: Treatment to relieve symptoms caused by ageing, puberty, or other natural physiological cause, such as menopause and hearing loss caused by maturing or ageing
- xxviii. Artificial Life Maintenance: Artificial Life Maintenance, including life support machine use, where such treatment will not result in recovery or restoration of the previous state of health
- xxix. Hereditary conditions: Treatment for abnormalities, deformities illness present only because they have been passed down through generations of family
- xxx. Sleep disorders: Treatment for sleep apnea, snoring or any other sleep-related breathing problem
- xxxi. Speech disorders: Treatment for speech disorders, including stammering
- xxxii. Treatment for developmental problems: Treatment for, or related to developmental problems, including – learning difficulties (such as dyslexia), behavioral problems, including attention deficit hyperactivity disorder (ADHD)

d. General Conditions for exclusions

i. If We have accepted the claim of an Insured Person under the Permanent Total Disability, Permanent Partial Disability or Critical Illness cover, then, We shall not accept any other claim of that Insured Person for the same condition/disablement under the Permanent Total Disability or Permanent Partial Disability or Critical Illness cover even if the claim is made under another benefit provision of the Policy from the original claim.

4. Standard Terms and Conditions

a. Reasonable Care

The Insured Person shall take all reasonable steps to safeguard against any occurrence, event or situation that may give rise to any claim under this Policy.

b. Observance of terms and conditions

The due observance and fulfillment of the terms, conditions and endorsements of this Policy in so far as they relate to anything to be done or complied with by the Insured Person, shall be a condition precedent to any liability to make payment under this Policy.

c. Subrogation and Contribution

Subrogation and Contribution provisions are not applicable to the Policy.

d. Fraudulent claims

If a claim is in any way found to be fraudulent, or if any false statement, or declaration is made or used in support of such a claim, or if any fraudulent means or devices are used by the Insured Person or anyone acting on behalf of the Insured Person to obtain any benefit under this Policy, then this Policy shall be void and all claims being processed shall be forfeited for all Insured Persons and all sums paid under this Policy shall be repaid to Us by all Insured Persons who shall be jointly liable for such repayment.

e. Free Look Provision

You have a period of 15 days from the date of receipt of the Policy document to review the terms and conditions of this Policy. If You have any objections to any of the terms and conditions, You have the option of cancelling the Policy stating the reasons for cancellation and You shall be refunded the premium paid by You after adjusting the amounts spent on any medical check-up, stamp duty charges and proportionate risk premium. You can cancel your Policy only if no claims have been made under the Policy. The Insured Persons and Your rights under this Policy shall immediately stand extinguished on the free look cancellation of the Policy. Free look provision is not applicable and available at the time of renewal of the Policy.

f. Portability :

i. From another company to Our Policy

- (i) If the proposed Insured Person was insured continuously and without a break under another Indian retail health insurance policy with any other Indian General Insurance company, It is understood and agreed that:
 - If You wish to exercise the Portability Benefit, We should have received Your application with complete documentation at least 21 days before the expiry of Your present period of insurance;
 - (2) We may revise the premium payable based on the extent of applicability of the Portability Benefit.
 - (3) This benefit is available only at the time of renewal of existing health insurance policy.
 - (4) The Portability Benefit shall be applied subject to the following :
 - (a) You shall give Us all additional documentation and/or information We request;
 - (b) You pay Us the applicable premium in full;
 - (c) We may, subject to Our medical underwriting, restrict the terms upon which We may offer cover, the decision as to which shall be in Our sole and absolute discretion;
 - (d) There is no obligation on Us to insure all Insured Persons or to insure all Insured Persons on the proposed terms, even if You have given Us all documentation;
 - (e) We have received the database and claim history from the previous insurance company for the Insured Persons' previous health insurance policy.

ii. From Our existing health insurance policies to this Policy

(i) If the proposed Insured Person was insured continuously and without a break under another health insurance policy with Us, It is understood and agreed that:

- If You wish to exercise the Portability Benefit, We should have received Your application before the expiry of Your present period of insurance;
- (2) This benefit is available only at the time of renewal of existing health insurance policy.
- (3) The Portability Benefit shall be applied subject to the following :

(a) You shall give Us all additional documentation and/or information We request;

(b) You pay Us the applicable premium in full;

(c) We may, subject to Our medical underwriting, restrict the terms upon which We may offer cover, the decision as to which shall be in Our sole and absolute discretion;

(d) There is no obligation on Us to insure all Insured Persons or to insure all Insured Persons on the proposed terms, even if You have given Us all documentation.

We reserve the right to modify or amend the terms and the applicability of the Portability Benefit in accordance with the provisions of the regulations and guidance issued by the Insurance Regulatory and Development Authority as amended from time to time.

g. Notification :

You will inform Us immediately of any change in the address, nature of job, state of health, or of any other changes affecting You or any Insured Person.

h. Cancellation/ Termination (other than freelook cancellation)

1. Cancellation by Insured Person:

You may terminate this Policy during the Policy Period by giving Us at least 30 days prior written notice. We shall cancel the Policy and refund the premium for the balance of the Policy Period in accordance with the table below provided that no claim has been made under the Policy by or on behalf of any Insured Person.

Length of time Policy in force	Refund of premium
up to 30 days	75%
up to 90 days	50%
up to 180 days	25%
exceeding 180 days	0%

2. Automatic Cancellation:

a. Individual Policy:

The Policy shall automatically terminate on death of the Insured Person

b. For Policy issued to Family:

The Policy shall automatically terminate in the event of the death of all the Insured Persons.

c. Refund:

A refund in accordance with the table in section 4(f)(1) above shall be payable if there is an automatic cancellation of the Policy provided that no claim has been filed under the Policy by or on behalf of any Insured Person.

3. Cancellation by Us:

Without prejudice to the above, We may terminate this Policy during the Policy Period by sending 30 days prior written notice to Your address shown in the Schedule of Insurance Certificate without refund of premium if in Our opinion:

- i. You or any Insured Person or any person acting on behalf of either has acted in a dishonest or fraudulent manner under or in relation to this Policy; and/or
- ii. You or any Insured Person has not disclosed the material facts or misrepresented in relation to the Policy; and/or
- iii. You or any Insured Person has not co operated with Us.
 For avoidance of doubt, it is clarified that no claims shall be admitted and/or paid by Us during the notice period.

i. Territorial Jurisdiction

- a) Personal Accident coverage is available worldwide
- b) Critical Illness and Hospital Cash are available in India only
- c) All claims shall be payable in India in Indian Rupees only.

j. Policy Disputes

Any dispute concerning the interpretation of the terms, conditions, limitations and/or exclusions contained herein shall be governed by Indian law and shall be subject to the jurisdiction of the Indian Courts at New Delhi

k. Renewal of Policy

The renewal premium is payable on or before the due date in the amount shown in the Schedule of Insurance Certificate or at such altered rate as may be reviewed and notified by Us before completion of the Policy Period. We are under no obligation to notify You of the renewal date of Your Policy. We will allow a Grace Period of 30 days from the due date of the renewal premium for payment to Us. No benefits or coverage under the Policy will be available for the period for which no premium is received.

If the Policy is not renewed within the Grace Period then We may agree to issue a fresh policy subject to Our underwriting criteria and no continuing benefits shall be available from the expired Policy.

Renewal of the Policy will not ordinarily be denied other than on grounds of moral hazard, misrepresentation and fraud.

I. Renewal Benefits (For Personal Accident Cover and Critical Illness Cover only):

If the Policy is renewed, the Sum Assured will be increased by 5% of the Sum Assured (shown in the Schedule of Insurance Certificate during the first Policy Year) for every claim free year upto a cumulative maximum of 25% of the Sum Assured for the Personal Accident cover and Critical Illness cover.

m. Notices

Any notice, direction or instruction given under this Policy shall be in writing and delivered by hand, post, or facsimile to

- **i.** The You/Insured Person at the address specified in the Schedule of Insurance Certificate or at the changed address of which We must receive written notice.
- ii. Us at the following address.

Max Bupa Health Insurance Company Limited D-1, 2nd Floor,

Salcon Ras Vilas,

District Centre, Saket,

New Delhi-110 017

Fax No.: 1800-3070-3333

In addition, We may send You/Insured Person other information through electronic and telecommunications means with respect to Your Policy from time to time.

n. Claims Procedure

All claims under this Policy will be adjudicated after the occurrence of the event and further submission of documents. The benefits will be paid in line with the coverage in the insurance plan opted by You and will be irrespective of the actual costs incurred by You.

- i. We reserve the right to call for:
 - (1) Any other documentation or information that We believe may be required; and
 - (2) A medical examination by Our doctor or for an investigation as often as We believe this to be necessary. Any expenses related to such examination or investigation shall be borne by Us.
- ii. In the event of the Insured Person's death during Hospitalization, written notice accompanied by a copy of the post mortem report (if any) shall be given to Us within 14 days regardless of whether any other notice has been given to Us. We reserve the right to require an autopsy.

All claims are to be notified to Us within a reasonable time. In case where the delay in intimation is proved to be genuine and for reasons beyond the control of the Insured Person or Nominee specified in the Schedule of Insurance Certificate, We may condone such delay and process the claim, We reserve a right to decline such requests for claim process where there is no merit for a delayed claim

If You hold an indemnity policy with Us, a single notification for claim will apply to both the indemnity plan as well as this Policy, even if the notification for claim for this Policy does not explicitly mention this. The benefits under the indemnity plan will be paid out in accordance to the terms and conditions of the respective plan.

o. Alteration to the Policy

This Policy constitutes the complete contract of insurance. Any change in the Policy will only be evidenced by a written endorsement signed and stamped by Us. No one except Us can change or vary this Policy.

p. Nominee

You can at the inception or at the time of renewal of the Policy, make a nomination for the purpose of payment of claims, under the Policy in the event of death.

- i. Any change of nomination shall be communicated to Us in writing and such change shall be effective only when an endorsement on the Policy is made by Us.
- ii. In case of any Insured Person other than You under the Policy, for the purpose of payment of claims in the event of death, the default nominee would be You.

q. Obligations in case of a minor

If an Insured Person is less than 18 years of age, You/adult Insured Person shall be completely responsible for ensuring compliance with all the terms and conditions of this Policy on behalf of that minor Insured Person.

r. Customer Service and Grievances Reddressal:

i. In case of any query or complaint/grievance, You / Insured Person may approach Our office at the following address:

Customer Services Department Max Bupa Health Insurance Company Limited D-1, 2nd Floor, Salcon **Ras Vilas**, District Centre, **Saket**, New Delhi-110 017 Contact No: 1800-3010-3333 Fax No.: 1800-3070-3333 Email ID: <u>customercare@maxbupa.com</u>

ii. In case You/Insured Person are not satisfied with the decision of the above office, or have not received any response within 10 days, You/Insured Person may contact the following official for resolution:

Head – Customer Services Max Bupa Health Insurance Company Limited D-1, 2nd Floor, Salcon **Ras Vilas,** District Centre, **Saket**, New Delhi-110 017 Contact No: 1800-3010-3333 Fax No.: 1800-3070-3333 Email ID: customercare@maxbupa.com

- **iii.** In case You/Insured Person are not satisfied with Our decision/resolution, You may approach the Insurance Ombudsman at the addresses given in Annexure I.
- **iv.** The complaint should be made in writing duly signed by the complainant or by his/her legal heirs with full details of the complaint and the contact information of the complainant.
- **v.** As per provision 13(3)of the Redressal of Public Grievances Rules 1998,the complaint to the Ombudsman can be made
 - 1. only if the grievance has been rejected by Our Grievance Redressal Machinery;
 - 2. within a period of one year from the date of Our rejection;
 - 3. if it is not simultaneously under any litigation.

5. Interpretations & Definitions

In this Policy the following words or phrases shall have the meanings attributed to them wherever they appear in this Policy and for this purpose the singular will be deemed to include the plural, the male gender includes the female where the context permits:

- Def. 1. Accident or Accidental means a sudden, unforeseen and involuntary event caused by external and visible means which occurs during the Policy Period and when the Policy is in force.
- Def. 2. Congenital Anomaly refers to either:
 - i) an external condition(s) which is present since birth, in the visible and accessible parts of the body, and which is abnormal with reference to form, structure or position, OR
 - ii) a condition(s) which is present since birth, but is internal and not visible.
- Def. 3. "Critical Illnesses" mean those illnesses or diseases of specified severeness as specified in Subsection 2.2

Def. 4. Dependent Children

- For the Personal Accident Cover only means Unmarried children aged between 5 years and 21 years at the time of first Policy with Us, who are financially dependent on You and do not have their own independent households.
- ii) For the Hospital Cash Benefit only means Unmarried children aged between 2 years and 21 years at the time of first Policy with Us, who are financially dependent on You and do not have their own independent households.

Def. 5. Family:

- i) For the Personal Accident Cover only means a unit comprising of upto four members who are related to each other in the following manner:
 - (a) Legally married husband and wife as long as they continue to be married; and
 - (b) Up to their two Dependent Children as defined under Def 4(i)
- ii) For the Critical Illness Cover only means a unit comprising of upto 2 members who are related to each other in the following manner:
 - (a) Legally married husband and wife as long as they continue to be married.
- iii) For the Hospital Cash Benefit only means a unit comprising of upto four members who are related to each other in the following manner:
 - (a) Legally married husband and wife as long as they continue to be married; and
 - (b) Up to their two Dependent Children as defined under Def 4(ii)

- Def. 6. **Grace Period** means the specified period of time immediately following the premium due date during which a payment can be made to renew or continue a Policy in force without loss of continuity benefits such as waiting periods and coverage of Pre-existing Conditions. Coverage is not available for the period for which no premium is received.
- Def. 7. **Hospital** means any institution established for in-patient care and day care treatment of sickness and / or injuries and which has been registered as a hospital with the local authorities, wherever applicable, and is under the supervision of a registered and qualified medical practitioner AND must comply with all minimum criteria as under:
 - a) has at least 10 inpatient beds, in those towns having a population of less than 10,00,000 and 15 inpatient beds in all other places;
 - b) has qualified nursing staff under its employment round the clock;
 - c) has qualified Doctor (s) in charge round the clock;
 - d) has a fully equipped operation theatre of its own where surgical procedures are carried out
 - e) maintains daily records of patients and will make these accessible to Our authorized personnel.
- Def. 8. **Hospitalisation** or **Hospitalised** means the admission as an In-patient into a Hospital for necessary medical treatment for a continuous minimum period of 24 hours as a consequence of an Illness or Accident occurring during the Policy Period.
- Def. 9. **Information Summary Sheet** means the record and confirmation of information provided to Us or Our representatives over the telephone for the purposes of applying for this Policy.
- Def. 10. **Intensive Care Unit** means an identified section, ward or wing of a hospital which is under the constant supervision of a dedicated Doctor(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.
- Def. 11. **Illness** means sickness (which is a condition or an ailment that impacts on the general soundness and health of the body of the Insured Person) or a disease (which is an affliction of the Insured Person's bodily organs that has a distinct and recognised pattern of symptoms) or a pathological condition which results in detriment to normal physiological function and which shows itself during the Policy Period and necessitates medical Treatment. Illness does not mean and this Policy does not cover any mental illness or sickness or disease (including but not Page **28** of **34**

limited to a psychiatric condition, disorganisation of personality or mind, or emotions or behaviour) even if caused by or aggravated by or related to an Accident or Illness.

- Def. 12. **Insured Person :** means person named as insured in the Schedule of Insurance Certificate including You
- Def. 13. Limb : is/ are jointed appendages i.e an arm or leg with all its parts i.e lower limb is the limb of the body extending from the gluteal region to the foot and upper limb is the limb of the body extending from the deltoid region to the hand
- Def. 14. **Permanent Total Disability** means disablement of the Insured Person such that at least one of the following conditions is satisfied

(a) Unable to Work

The Insured Person suffers an injury and due to such injury the Insured Person is unlikely to ever be able to engage in any occupation or employment or business for remuneration or profit.

(b) Loss of use of limbs or Sight

The Insured Person suffers from total and irrecoverable loss of:

- i. The use of two limbs (including paraplegia and hemiplegia) OR
- ii. The sight of both eyes OR
- iii. The use of one limb and the sight of one eye

(c) Loss of independent living

The Insured Person is permanently unable to perform independently three or more of the following six activities of daily living.

- i. Washing: the ability to maintain an adequate level of cleanliness and personal hygiene
- ii. **Dressing**: the ability to put on and take off all necessary garments, artificial limbs or other surgical appliances that are medically necessary
- iii. **Feeding**: the ability to transfer food from a plate or bowl to the mouth once food has been prepared and made available
- iv. **Toileting**: the ability to manage bowel and bladder function, maintaining an adequate and socially acceptable level of hygiene
- v. **Mobility**: the ability to move indoors from room to room on level surfaces at the normal place of residence

- vi. **Transferring:** the ability to move from a lying position in a bed to a sitting position in an upright chair or wheel chair and vice versa.
- Def. 15. **Policy** means these terms and conditions, any annexure thereto and the Schedule of Insurance Certificate (as amended from time to time), Your statements in the proposal form and the Information Summary Sheet and the policy wording (including endorsements, if any).
- Def. 16. **Policy Period** means the period between the date of commencement and the expiry date of the Policy as stated in the Schedule of Insurance Certificate.
- Def. 17. **Policy Year** means the period of one year commencing on the date of commencement specified in the Schedule of Insurance Certificate or any anniversary thereof.
- Def. 18. **Pre-existing Condition** means any condition, ailment or injury or related condition(s) for which the Insured Person had signs or symptoms, and / or were diagnosed, and / or received medical advice/ treatment, within 48 months prior to the first Policy issued by Us.
- Def. 19. **Product Benefits Table** means the Product Benefits Table issued by Us and accompanying this Policy and annexures thereto.
- Def. 20. Schedule of Insurance Certificate means the schedule provided in the insurance certificate issued by Us, and, if more than one, then the latest in time.
- Def. 21. **Sum Assured** means the sum shown in the Schedule of Insurance Certificate which represents Our maximum, total and cumulative liability for any and all claims under the Policy during the Policy Year.
- Def. 22. We/Our/Us means Max Bupa Health Insurance Company Limited.
- Def. 23. **You/Your/Policyholder** means the person named in the Schedule of Insurance Certificate Any reference to any statute shall be deemed to refer to any replacement or amendment to that statute.

'Max', Max Logo, 'Bupa' and HEARTBEAT logo are trademarks of their respective owners and are being used by Max Bupa Health Insurance Company Limited under license.

Annexure I

List of Insurance O	mbudsmen		
Office of the	Name of the	Contact Details	Areas of Jurisdiction
Ombudsman	Ombudsmen		
AHMEDABAD		Insurance Ombudsman,	Gujarat , UT of Dadra &
		Office of the Insurance Ombudsman,	Nagar Haveli, Daman and
		2nd Floor, Ambica House,	Diu
		Nr. C.U. Shah College,	
		Ashram Road,	
		AHMEDABAD-380 014.	
		Tel.:- 079-27546840, Fax : 079-27546142	
		Email ins.omb@rediffmail.com	
BHOPAL		Insurance Ombudsman,	Madhya Pradesh &
		Office of the Insurance Ombudsman,	Chhattisgarh
		Janak Vihar Complex,	
		2 nd Floor, 6, Malviya Nagar,	
		Opp. Airtel, Near New Market,	
		BHOPAL(M.P.)-462 023.	
		Tel.:- 0755-2569201, Fax : 0755-2769203	
		Email bimalokpalbhopal@airtelmail.in	
BHUBANESHWAR		Insurance Ombudsman,	Orissa
		Office of the Insurance Ombudsman,	
		62, Forest Park,	
		BHUBANESHWAR-751 009.	
		Tel.:- 0674-2596455, Fax : 0674-2596429	
		Email ioobbsr@dataone.in	
CHANDIGARH		Insurance Ombudsman,	Punjab , Haryana,
		Office of the Insurance Ombudsman,	Himachal Pradesh, Jammu
		S.C.O. No.101-103,	& Kashmir , UT of
		2nd Floor, Batra Building.	Chandigarh
		Sector 17-D,	
		CHANDIGARH-160 017.	
		Tel.:- 0172-2706468, Fax : 0172-2708274	
		Email ombchd@yahoo.co.in	
CHENNAI	Shri V.	Shri V. Ramasaamy,	Tamil Nadu, UT–

	Ramasaamy	Insurance Ombudsman,	Pondicherry Town and
		Office of the Insurance Ombudsman,	Karaikal (which are part of
		Fathima Akhtar Court,	UT of Pondicherry)
		4th Floor, 453 (old 312),	
		Anna Salai, Teynampet,	
		CHENNAI-600 018.	
		Tel.:- 044-24333668 /5284, Fax : 044-	
		24333664	
		Email insombud@md4.vsnl.net.in	
NEW DELHI	Shri	Shri Surendra Pal Singh	Delhi & Rajashthan
	Surendra Pa	Insurance Ombudsman,	
	Singh	Office of the Insurance Ombudsman,	
		2/2 A, Universal Insurance Bldg.,	
		Asaf Ali Road,	
		NEW DELHI-110 002.	
		Tel.:- 011-23239633, Fax : 011-23230858	
		Email iobdelraj@rediffmail.com	
GUWAHATI	Shri Sarat	Shri Sarat Chandra Sarma,	Assam , Meghalaya,
	Chandra	Insurance Ombudsman,	Manipur, Mizoram,
	Sarma	Office of the Insurance Ombudsman,	Arunachal Pradesh,
		"Jeevan Nivesh", 5 th Floor,	Nagaland and Tripura
		Near Panbazar Overbridge, S.S. Road,	
		GUWAHATI-781 001 (ASSAM).	
		Tel.:- 0361-2132204/5, Fax : 0361-	
		2732937	
		Email ombudsmanghy@rediffmail.com	
HYDERABAD	Shri K.	Shri K Chandrahas	Andhra Pradesh, Karnataka
	Chandrahas	Insurance Ombudsman,	and UT of Yanam – a part
		Office of the Insurance Ombudsman,	of the UT of Pondicherry
		6-2-46, 1 st Floor, Moin Court,	
		A.C. Guards, Lakdi-Ka-Pool,	
		HYDERABAD-500 004.	
		Tel : 040-65504123, Fax: 040-23376599	
		Email insombudhyd@gmail.com	
ERNAKULAM		Insurance Ombudsman,	Kerala , UT of (a)
		Office of the Insurance Ombudsman,	Lakshadweep , (b) Mahe –
	1	1	I

		2nd Floor, CC 27/2603, Pulinat Bldg.,	a part of UT of Pondicherry
		Opp. Cochin Shipyard, M.G. Road,	
		ERNAKULAM-682 015.	
		Tel : 0484-2358759, Fax : 0484-2359336	
		Email iokochi@asianetindia.com	
KOLKATA	Ms. Manika	Ms. Manika Datta	West Bengal , Bihar ,
	Datta	Insurance Ombudsman,	Jharkhand and UT of
		Office of the Insurance Ombudsman,	Andeman & Nicobar Islands
		North British Bldg.,	, Sikkim
		29, N.S. Road, 4 th Floor,	
		KOLKATA-700 001.	
		Tel : 033-22134866, Fax : 033-22134868	
		Email iombkol@vsnl.net	
LUCKNOW		Insurance Ombudsman,	Uttar Pradesh and
		Office of the Insurance Ombudsman,	Uttaranchal
		Jeevan Bhawan, Phase-2,	
		6 th Floor, Nawal Kishore Road,	
		Hazaratganj,	
		LUCKNOW-226 001.	
		Tel : 0522 -2231331, Fax : 0522-2231310	
		Email insombudsman@rediffmail.com	
MUMBAI	Shri S.	Shri S Viswanathan	Maharashtra , Goa
	Viswanathan	Insurance Ombudsman,	
		Office of the Insurance Ombudsman,	
		3rd Floor, Jeevan Seva Annexe,	
		S.V. Road, Santacruz(W),	
		MUMBAI-400 054.	
		Tel : 022-26106928, Fax : 022-26106052	
		Email ombudsmanmumbai@gmail.com	
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OFFICE	OF	THE	GOVERNIN	G BODY	OF	INSURANCE	COUNCIL
Smt. Rita Bhattacharya, Secretary General				Shri D V Dixit, Dy. Secretary			
3rd Floor, Je	eevan Se	va Annexe	,	3 rd Floor, Jee	van Seva	a Annexe,	
S.V. Road, S	Santacruz	z(W),		S.V. Road, Sa	antacruz ((W),	
MUMBAI – 4	400 021			MUMBAI – 40	00 021.		
Tel : 022-26	106245			Tel : 022-261	06980		
Fax : 022-26	6106949		I	-ax : 022-261069	49		
Email- insco	oun@gma	ail.com					