# **Policy Document**

#### 1. Terms & Conditions

The insurance cover provided under this Policy to the Insured Person/s up to the Sum Assured is and shall be subject to (a) the terms and conditions of this Policy and (b) the receipt of premium, and (c) Disclosure to Information Norm (including by way of the Proposal form or Information Summary Sheet) for Yourelf and on behalf of each of the Insured Persons

#### 2. Benefit

This Policy provides benefits up to the Sum Assured for the specified events occurring during the Policy Period and while the Policy is in force for an Illness and/or, Accident and/or Hospitalisation or the conditions described below subject to any specific limits specified in the Product Benefits Table, the terms, conditions, limitations and specific and general exclusions mentioned in the Policy and as shown in the Schedule of Insurance Certificate and eligibility for the insurance plan opted for as specified in the Product Benefit Table.

## 2.1. Personal Accident Cover (Individual or Family option)

If any of the Insured Persons dies or sustains any bodily Injury resulting solely and directly from Accident occurring during the Policy Period at any location worldwide, and while the Policy is in force, We will provide the benefits described below:

#### 2.1.1 Accidental Death

If an Insured Person dies solely and directly due to Accidental bodily Injury within 90 days from occurrence of such Accidental bodily Injury We will pay the Sum Assured specified in the Schedule of Insurance Certificate.

#### 2.1.2 Child Education Benefit (only in Family option, where children have been included)

If We have accepted a claim for the Accidental death of the Proposer under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment equal to the lower of 5% of the Sum Assured payable under 2.1.1 or Rs 50,000 as an education benefit for each of that Proposer's children, provided that each such child is an Insured Person under the Policy.

#### 2.1.3 Funeral Expenses

If We have accepted a claim for the Accidental death of an Insured Person under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment of Rs 5,000 towards the funeral expenses of that Insured Person.

# 2.1.4 Accidental Permanent Total Disability (PTD)

If an Insured Person suffers Permanent Total Disability solely and directly due to an Accident and within ninety (90) days of such Accident, We will pay the Sum Assured specified in the Schedule of Insurance Certificate provided that:

- 2.1.4.1 the Permanent Total Disability is proved to Our satisfaction; and a disability certificate is presented to Us, and such disabilitycertificate shall be issued by a Medical Board duly constituted by the Central and the State Government; and
- 2.1.4.2 We will admit a claim under 2.1.4 only if the Permanent Total Disability continues for a period of at least 6 continuous calendar months from the commencement of the Permanent Total Disability; and
- 2.1.4.3 If the Insured Person dies before a claim has been admitted under 2.1.4, no amount will be payable under 2.1.4; and
- 2.1.4.4 We will not make payment under 2.1.4 in respect of an Insured Person and for any and all Policy Periods more than once in the Insured Person's lifetime.
- 2.1.4.5 If the Insured Person is equal to or more than 65 years of age on the date of the Accident, then We will not make any payment under 2.1.4 unless the Insured Person has suffered Permanent Total Disability which is 'Loss of use of limbs or sight' or 'Loss of independent living'.

#### 2.1.5 Child Education Benefit (available only in Family option with children)

If We have accepted a claim for the Permanent Total Disability of the Proposer under 2.1.1 above, then in addition to any amount payable under 2.1.1, We will make a onetime payment equal to the lower of 5% of the Sum Assured payable under 2.1.1 or Rs 50,000 as an education benefit for each of that Proposer's children, provided that each such child is an Insured Person under the Policy.

# 2.1.6 Accidental Permanent Partial Disability (PPD)

If an Insured Person suffers Permanent Partial Disability solely and directly due to an Accident and within ninety (90) days of such Accident, We will pay the amount specified in the grid below which is a percentage of the Sum Assured specified in the Schedule of Insurance Certificate, provided that:

The Permanent Partial Disability is proved to Our satisfaction; and a disability certificate is presented to us, and such disability certificate shall be issued by a Medical Board duly constituted by the Central and the State Government: and

- 2.1.6.1 We will admit a claim under 2.1.5 only if the Permanent Partial Disability continues for a period of at least 6 continuous calendar months from the commencement of the Permanent Partial Disability; and
- 2.1.6.2 If the Insured Person dies before a claim has been admitted under 2.1.5, no amount will be payable under 2.1.5.
- 2.1.6.3 If a claim has been admitted under 2.1.4, then no further claim in respect of the same condition will be admitted under 2.1.5,

| Permanent Partial Disability Grid |   |                         |  |
|-----------------------------------|---|-------------------------|--|
| Sno                               | Nature of Permanent Partial Disability  | % of the Sum<br>Assured |  |
| 1                                 | Loss or total and permanent loss of use of both the hands from the wrist joint  | 100%                    |  |
| 2                                 | Loss or total and permanent loss of use of both feet from the ankle joint   | 100%                    |  |
| 3                                 | Loss or total and permanent loss of use of one hand from the wrist joint and of one foot from the ankle joint             | 100%                    |  |
| 4                                 | Loss or total and permanent loss of use of one hand from the wrist joint and total and permanent loss of sight in one eye | 100%                    |  |
| 5                                 | Loss or total and permanent loss of use of one foot from the ankle joint and total and permanent loss of sight in one eye | 100%                    |  |
| 6                                 | Total and permanent loss of speech and hearing in both ears   | 100%                    |  |
| 7                                 | Quadriplegia  | 100%                    |  |
| 8                                 | Total and permanent loss of hearing in both ears  | 50%                     |  |
| 9                                 | Loss or total and permanent loss of use of one hand from wrist joint  | 50%                     |  |
| 10                                | Loss or total and permanent loss of use of one foot from ankle joint  | 50%                     |  |
| 11                                | Total and permanent loss of sight in one eye  | 50%                     |  |
| 12                                | Total and permanent loss of speech  | 50%                     |  |
| 13                                | Uniplegia   | 25%                     |  |

# 2.2. Critical Illness Cover (Individual or Family Floater Option)

If an Insured Person suffers a Critical Illness during the Policy Period and while the Policy is in force, We will pay the Sum Assured specified in the Schedule of Insurance Certificate provided that:

- (a) Such Critical Illness first occurs or manifests itself during the Policy Period; and
- (b) The signs or symptoms of such Critical Illness commence after 90 days from the date of commencement of the Policy specified in the Schedule of Insurance Certificate; and
- (c) The Insured Person survives for a minimum period of at least 30 days from the date of diagnosis of such Critical Illness for the claim to be admissible under 2.2.
- (d) If this Critical Illness cover is in force on a Family Floater basis, then:
  - (i) We will not be liable to make payment under this cover in respect of any and all Insured Persons more than once in a Policy Year;
  - (ii) If We have admitted a claim under this cover for an Insured Person in any Policy Year, this cover shall not be renewed in respect of that Insured Person for any subsequent Policy Year, but the cover will be renewed for the other Insured Persons.

For the purpose of this Critical Illness Cover, 'Critical Illness' means the following illnesses:

#### 1. Cancer of Specified Severity

A malignant tumour characterised by the uncontrolled growth and spread of malignant cells with invasion and destruction of normal tissues. This diagnosis must be supported by histological evidence of malignancy and confirmed by a pathologist. The term cancer includes leukemia, lymphoma and sarcoma.

The following are excluded:

- Tumours showing the malignant changes of carcinoma in situ and tumours which are histologically described as premalignant or non invasive, including but not limited to: Carcinoma in situ of breasts, Cervical dysplasia CIN-1, CIN -2 & CIN-3.
- Any skin cancer other than invasive malignant melanoma.
- All tumours of the prostate unless histologically classified as having a Gleason score greater than 6 or having progressed to at least clinical TNM classification T2N0M0.
- Papillary micro carcinoma of the thyroid less than 1 cm in diameter.

- Chronic lymphocyctic leukaemia less than RAI stage 3.
- Microcarcinoma of the bladder.
- All tumours in the presence of HIV infection.

# 2. First Heart Attack-of Specified Severity

The first occurrence of myocardial infarction which means the death of a portion of the heart muscle as a result of inadequate blood supply to the relevant area. The diagnosis for this shall be evidenced by all of the following criteria:

- a) A history of typical clinical symptoms consistent with the diagnosis of Acute Myocardial Infarction (for e.g. typical chest pain);
- b) new characteristic electrocardiogram changes;
- c) elevation of infarction specific enzymes, Troponins or other specific biochemical markers.

## The following are excluded:

- a) Non-ST-segment elevation myocardial infarction (NSTEMI) with elevation of Troponin I or
   T;
- b) Other acute Coronary Syndromes
- c) Any type of angina pectoris

# 3. Open Chest CABG

The actual undergoing of open chest Surgery for the correction of one or more coronary arteries, which is/are narrowed or blocked, by coronary artery bypass graft (CABG). The diagnosis must be supported by a coronary angiography and the realization of Surgery has to be confirmed by a specialist medical practitioner.

The following are excluded:

- a) Angioplasty and/or any other intra-arterial procedures
- b) Any key-hole or laser Surgery.

# 4. Open Heart Replacement or Repair of Heart Valves

The actual undergoing of open-heart valve Surgery is to replace or repair one or more heart valves, as a consequence of defects in, abnormalities of, or disease-affected cardiac valve(s).

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The diagnosis of the valve abnormality must be supported by an echocardiography and the realization of Surgery has to be confirmed by a specialist medical practitioner.

Catheter based techniques including but not limited to, balloon valvotomy/valvuloplasty are excluded.

## 5. Coma of Specified Severity

A state of unconsciousness with no reaction or response to external stimuli or internal needs.

This diagnosis must be supported by evidence of all of the following:

- a) no response to external stimuli continuously for at least 96 hours;
- b) life support measures are necessary to sustain life; and
- c) permanent neurological deficit which must be assessed at least 30 days after the onset of the coma.

The condition has to be confirmed by a specialist medical practitioner. Coma resulting directly from alcohol or drug abuse is excluded.

# 6. Kidney Failure Requiring Regular Dialysis

End stage renal disease presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis (hemodialysis or peritoneal dialysis) is instituted or renal transplantation is carried out. Diagnosis has to be confirmed by a specialist medical practitioner.

# 7. Stroke Resulting in Permanent Symptoms

Anycerebrovascular incident producing permanent neurological sequelae. This includes infarction of brain tissue, thrombosis in an intracranial vessel, haemorrhage and embolisation from an extracranial source.

Diagnosis has to be confirmed by a specialist medical practitioner and evidenced by typical clinical symptoms as well as typical findings in CT Scan or MRI of the brain.

Evidence of permanent neurological deficit lasting for atleast 3 months has to be produced.

#### The following are excluded:

- i. Transient ischemic attacks (TIA)
- ii. Traumatic Injury of the brain
- iii. Vascular disease affecting only the eye or optic nerve or vestibular functions

# 8. Major Organ/Bone Marrow Transplant

The actual undergoing of a transplant of:

- One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end-stage failure of the relevant organ, or
- Human bone marrow using haematopoietic stem cells.

The undergoing of a transplant has to be confirmed by a specialist medical practitioner.

# The following are excluded:

- Other stem-cell transplants
- Where only islets of langerhans are transplanted

# 9. Permanent Paralysis of Limbs

Total and irreversible loss of use of two or more limbs as a result of Injury or disease of the brain or spinal cord. A specialist medical practitioner must be of the opinion that the paralysis will be permanent with no hope of recovery and must be present for more than 3 months.

# 10. Motor Neurone Disease with Permanent Symptoms

Motor neurone disease diagnosed by a specialist medical practitioner as spinal muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis or primary lateral sclerosis. There must be progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurons. There must be current significant and permanent functional neurological impairment with objective evidence of motor dysfunction that has persisted for a continuous period of at least 3 months.

#### 11. Multiple Sclerosis with Persisting Symptoms

The definite occurrence of multiple sclerosis. The diagnosis must be supported by all of the following:

 investigations including typical MRI and CSF findings, which unequivocally confirm the diagnosis to be multiple sclerosis; and

 there must be current clinical impairment of motor or sensory function, which must have persisted for a continuous period of at least 6 months, and

 well documented clinical history of exacerbations and remissions of said symptoms or neurological deficits with atleast two clinically documented episodes atleast one month apart.

Other causes of neurological damage such as SLE and HIV are excluded.

#### **Additional Benefits**

## 12. Aplastic Anaemia

Aplastic Anemia is chronic persistent bone marrow failure. A certified hematologist must make the diagnosis of severe irreversible aplastic anemia. There must be permanent bone marrow failure resulting in bone marrow cellularity of less than 25% and there must be two of the following:

- a) Absolute neutrophil count of less than 500/mm³
- b) Platelets count less than 20,000/mm<sup>3</sup>
- c) Reticulocyte count of less than 20,000/mm3

The Insured Person must be receiving treatment for more than 3 consecutive months with frequent blood product transfusions, bone marrow stimulating agents, or immunosuppressive agents or the Insured Person has received a bone marrow or cord blood stem cell transplant. Temporary or reversible Aplastic Anemia is excluded and not covered under this Policy.

# 13. Bacterial Meningitis

Bacterial meningitis is a bacterial infection of the meninges of the brain causing brain dysfunction. There must be an unequivocal diagnosis by a consultant physician of bacterial meningitis that must be proven on analysis of the cerebrospinal fluid. There must also be permanent objective neurological deficit that is present on physical examination at least 3 months after the diagnosis of the meningitis infection.

#### 14. Loss of Speech

Total and permanent loss of the ability to produce intelligible speech as a result of irreversible damage to the larynx or its nerve supply from the speech centres of the brain caused by Injury,

tumour or sickness. Medical evidence must be supplied by an appropriate specialist to confirm laryngeal dysfunction and that the loss of speech has lasted for more than 6 months continuously. All psychiatric causes of loss of speech are excluded.

No benefit will be payable if, in general medical opinion, a device, or implant could result in the partial or total restoration of speech.

## 15. End Stage Liver Disease

Permanent and irreversible failure of liver function that has resulted in all three of the following:

- a) Permanent jaundice; and
- b) Ascites; and
- c) Hepatic Encephalopathy.

Liver failure secondary to drug or alcohol abuse is excluded.

#### 16. Deafness

Total, bilateral and irreversible loss of all sounds as a result of sickness or Accident. Medical evidence shall be supplied by an appropriate specialist and must include audiometric and sound-threshold testing. The deafness must not be correctable by aides or surgical procedures. Evidence of total, bilateral and irreversible deafness persisting for at least six months has to be produced.

#### 17. End-stage Lung Disease

End stage lung disease, causing chronic respiratory failure, as evidenced by all of the following:

- a) FEV1 test results consistently less than 1 litre measured on 3 occasions 3 months apart;
   and
- b) Requiring continuous permanent supplementary oxygen therapy for hypoxemia; and
- Arterial blood gas analyses with partial oxygen pressures of 55mmHg or less (PaO2< 55mmHg); and</li>
- d) Dyspnea at rest.

This diagnosis must be confirmed by a respiratory physician.

#### 18. Fulminant Viral Hepatitis

A sub-massive to massive necrosis of the liver by any virus, leading precipitously to liver failure. This diagnosis must be supported by all of the following:

- a) rapid decreasing of liver size; and
- b) necrosis involving entire lobules, leaving only a collapsed reticular framework; and
- c) rapid deterioration of liver function tests; and
- d) deepening jaundice; and
- e) hepatic encephalopathy.

Acute Hepatitis infection or carrier status alone does not meet the diagnostic criteria.

# 19. Major Burns

Third degree (full thickness of the skin) burns covering at least 20% of the surface of the Insured Person's body. A Medical Practitioner must confirm the diagnosis and the total area involved. Self inflicted burns are excluded.

# 20. Muscular Dystrophy

Muscular Dystrophy is a disease of the muscle causing progressive and permanent weakening of certain muscle groups. The diagnosis of Muscular Dystrophy must be made by a consultant neurologist, and confirmed with the appropriate laboratory, biochemical, histological, and electromyographic evidence. The disease must result in the permanent inability of the Insured Person to perform (whether aided or unaided) at least three (3) of the six (6)"Activities of Daily Living".

Activities of Daily Living are defined as:

- i. Washing: the ability to maintain an adequate level of cleanliness and personal hygiene
- ii. **Dressing**: the ability to put on and take off all necessary garments, artificial limbs or other surgical appliances that are Medically Necessary
- iii. **Feeding**: the ability to transfer food from a plate or bowl to the mouth once food has been prepared and made available

iv. **Toileting**: the ability to manage bowel and bladder function, maintaining an adequate and socially acceptable level of hygiene

- v. **Mobility**: the ability to move indoors from room to room on level surfaces at the normal place of residence
- vi. **Transferring**: the ability to move from a lying position in a bed to a sitting position in an upright chair or wheel chair and vice versa.

# 2.3. Hospital Cash Benefit

- 2.3.1. If an Insured Person is Hospitalised solely and directly due to a bodily Injury arising from an Accident or due to an Illness, then We will pay the Daily Allowance specified in the Product Benefit Table for each continuous and completed period of 24 hours of Hospitalisation provided that:
- (a) We shall not be liable to make any payment for Hospitalisation and/or treatment and/or treatment following diagnosis which occurs within 30 days from the date of commencement of the Policy specified in the Schedule of Insurance Certificate, unless such Hospitalisation is required solely and directly due to an Accident;
- (b) The Insured Person is Hospitalised for a minimum period of at least 2 days with continuous and completed periods of at least 24 hours following which the Daily Allowance will be payable from the first day of Hospitalisation;
- (c) We shall not be liable to make payment of the Daily Allowance under this benefit for more than 45 days in a Policy Year, including all days of admission to the Intensive Care Unit.
- 2.3.2. If an Insured Person is required to be admitted to the Intensive Care Unit of a Hospital solely and directly due to a bodily Injury arising from an Accident or due to an Illness, then We will pay twice the Daily Allowance specified in the Product Benefit Table for each continuous and completed period of 24 hours of admission in the Intensive Care Unit provided that:
- (a) We shall not be liable to make any payment for Hospitalisation which occurs within 30 days from the later of the date of commencement of the Policy specified in the Schedule of Insurance Certificate, unless such Hospitalisation is required solely and directly due to an Accident
- (b) We shall not be liable to make payment under this benefit for more than 7 days in a Policy Year.

(c) The Insured Person is Hospitalised for a minimum period of at least 2 days with continuous and completed periods of at least 24 hours following which the benefit amount will be payable from the first day of Hospitalisation

#### 3. Exclusions

In addition to exclusions/waiting periods specified elsewhere in the Policy Document, We shall not be liable under this Policy for any claim in connection with or in respect of the following:

## a. Pre-Existing Diseases

Benefits will not be available for Pre-existing Diseases until 48 months of continuous coverage have elapsed since the inception of the first Policy with Us for the respective benefit.

## b. Specific Waiting Period for the Hospital Cash Benefit under 2.3

For the payment of the Hospital Cash Benefit, the disease conditions / treatments listed below will be subject to a waiting period of 24 months and will be covered from the commencement of the third Policy Year as long as the Insured Person has been insured continuously under the Policy without any break

- 1. Stones in biliary and urinary systems
- 2. Lumps / cysts / nodules / polyps / internal tumours
- 3. Gastric and Duodenal Ulcers
- 4. Surgery on tonsils / adenoids
- Osteoarthrosis / Arthritis / Gout / Rheumatism / Spondylosis / Spondylitis /
   Intervertebral Disc Prolapse
- 6. Cataract
- 7. Fissure / Fistula / Haemorrhoids
- 8. Hernia / Hydrocele / Varicocoele / Spermatocoele
- 9. Chronic Renal Failure or end stage Renal Failure
- Sinusitis / Deviated Nasal Septum / Tympanoplasty / Chronic Suppurative Otitis
   Media

- 11. Benign Prostatic Hypertrophy
- 12. Joint replacement Surgery
- 13. Dilatation and Curettage
- 14. Varicose veins
- 15. Dysfunctional Uterine Bleeding / Fibroids / Prolapse Uterus / Endometriosis
- 16. Diabetes and related complications
  - a) Hyperglycaemia with or without coma
  - b) Hypoglycaemia with or without coma
  - c) Diabetic Ketoacidosis
  - d) Diabetic Nephropathy
  - e) Diabetic Retinopathy
  - f) Diabetic Neuropathy
- 17. Hysterectomy for any benign disorder
- 18. Thyroid and parathyroid gland disorders excluding malignancy
- 19. High Blood Pressure and its complications, direct results of or accompanied by it including but not limited to stroke, cerebral hemorrhage
- 20. Any heart, heart valves or coronary disorders.

## c. Permanent Exclusions

# 1. Specific Exclusions for Personal Accident Cover under 2.1

We shall not be liable to make any payment under any benefits under the Personal Accident Cover under 2.1 if the claim is attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

i. Suicide or self inflicted Injury, whether the Insured Person is medically sane or insane.

ii. War (whether declared or not), invasion, act of foreign enemy, hostilities, civil war, martial law, rebellion, revolution, insurrection, military or usurper power, riot or civil commotion..

- iii. Service in the armed forces, or any police organization, of any country at war or at peace or service in any force of an international body or participation in any of the naval, military or air force operation during peace time.
- iv. Any change of profession after inception of the Policy which results in the enhancement of Our risk, if not accepted and endorsed by Us on the Schedule of Insurance Certificate.
- v. Committing an assault, a criminal offence or any breach of law with criminal intent.
- vi. Taking or absorbing, accidentally or otherwise, any intoxicating liquor, drug, narcotic, medicine, sedative or poison, except as prescribed by a licensed doctor other than the Policyholder or an Insured Person.
- vii. Inhaling any gas or fumes, accidentally or otherwise, except accidentally in the course of duty.
- viii. Participation in aviation other than as a fare-paying passenger in an aircraft that is authorized by the relevant regulations to carry such passengers between established aerodromes
- ix. engaging in or taking part in professional sports or any hazardous pursuits, such as diving or riding or any kind of race; underwater activities involving the use of breathing apparatus or not; martial arts; hunting; mountaineering; parachuting; bungee-jumping;
- x. Any disability arising out of Pre-existing Diseasesif not accepted and endorsed by Us.
- xi. Body or mental infirmity or any disease except where such condition arises directly as a correspondence of an Accident during the Policy Period. However this exclusion is not applicable to claims made under the PPD benefit

## 2. Specific Exclusions for Critical Illnesses under 2.2

In addition to any conditions and exclusions listed under each Critical Illness, We shall not be liable to make any payment of the Critical Illness Benefit under 2.2 if the claim is

attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

- a. Acquired Immune Deficiency Syndrome (AIDS), AIDS-related complex or infection by Human Immunodeficiency Virus (HIV); or
- b. the Insured's attempted suicide or self-inflicted injuries while sane or insane; or
- c. any Congenital Anomaly or inherited disorder or developmental conditions of the Insured; or
- d. narcotics used by the Insured Person unless taken as prescribed by a registered doctor, or the Insured Person's abuse of drugs and/or consumption of alcohol; or
- e. Failure to seek or follow Medical Advice; or
- f. War (whether war be declared or not), invasion, act of foreign enemy, hostilities, armed or unarmed truce, civil war, mutiny, rebellion, revolution, insurrection, military or usurped power, riot or civil commotion, strikes; or
- g. taking part in any naval, military or air force operation during peace time; or
- h. participation by the Insured Person in any flying activity, except as a bona fide, fare-paying passenger of a recognized airline on regular routes and on a scheduled timetable.
- i. participation by the Insured Person in a criminal or a breach of law with criminal intent or
- j. engaging in or taking part in professional sports or any hazardous pursuits, such as diving or riding or any kind of race; underwater activities involving the use of breathing apparatus or not; martial arts; hunting; mountaineering; parachuting; bungee-jumping; or
- k. nuclear contamination; the radioactive, explosive or hazardous nature of nuclear fuel materials or property contaminated by nuclear fuel materials or accident arising from such nature.

# 3. Specific Exclusions for Hospital Cash Benefit under 2.3

We shall not be liable to make any payment if Hospitalisation or any claim under this benefit are attributable to, or based on, or arise out of, or are directly or indirectly connected to any of the following:

- Hospitalisation not in accordance with the diagnosis and treatment of the condition for which the Hospital confinement was required;
- ii. Elective Surgery or treatment which is not Medically Necessary;
- Treatment for weight reduction or weight improvement regardless of whether the same is caused (directly or indirectly) by a medical condition;
- iv. Any dental care or Surgery of cosmetic nature, extraction of impacted tooth/teeth, orthodontics or orthognathic Surgery, or temperomandibular joint disorder except as necessitated by an Accidental Injury
- Treatment for infertility or impotency, sex change or any treatment related to it, abortion, sterilization and contraception including any complications relating thereto;
- vi. Treatment arising from pregnancy and it's complications which shall include childbirth or abortion or threatened abortion excluding ectopic pregnancy;
- vii. Treatment for Congenital Anomaly,
- viii. Hospitalisation primarily for diagnosis, X-ray examinations, general physical or medical check-up not followed by active treatment during the Hospitalisation period or Hospitalisation where no active treatment is given by the Medical Practitioner
- ix. Unproven/Experimental treatments.
- x. Alternative treatment;
- xi. Treatment of any mental or psychiatric condition including but not limited to insanity, mental or nervous breakdown / disorder, depression, dementia, Alzheimer's disease or rest cures;

xii. Admission to a nursing home or home for the care of the aged for rehabilitation, or convalescence.

- xiii. Treatment directly or indirectly arising from alcohol, drug or substance abuse and any Illness or Accidental physical Injury which may be suffered after consumption of intoxicating substances, liquors or drugs;
- xiv. Treatment directly or indirectly arising from or consequent upon war (whether war be declared or not), invasion, acts of foreign enemies, hostilities, civil war, rebellion, active participation in strikes, riots or civil commotion, revolution, insurrection or military or usurped power, and full-time service in any of the armed forces;
- xv. Acquired Immune Deficiency Syndrome (AIDS) and all Illnesses or diseases caused by or related to the Human Immuno-deficiency Virus;
- xvi. Sexually transmitted diseases;
- xvii. Cosmetic or plastic Surgery except to the extent that such Surgery is necessary for the repair of damage caused solely by Accidental Injuries; treatment of xanthelesema, syringoma, acne and alopecia;
- xviii. Nuclear disaster, radioactive contamination and/or release of nuclear or atomic energy;
- xix. Treatment for Accidental physical Injury or Illness caused by intentionally self-inflicted injuries; or any attempts of suicide while sane or insane;
- xx. Treatment for Accidental physical Injury or Illness caused by violation or attempted violation of the law, or resistance to arrest;
- xxi. Treatment for Accidental physical Injury or Illness caused by professional sports, racing of any kind, scuba diving, aerial sports, activities such as hand-gliding, ballooning, and any other hazardous activities or sports unless agreed by special endorsement;
- xxii. Circumcision unless necessary for treatment of a disease or necessitated due to an Accident;

xxiii. Hospitalisation where the Insured Person is a donor for any organ transplant;

- xxiv. Any treatment outside of Republic of India
- xxv. Treatment to assist reproduction, including IVF treatment
- xxvi. Hormone Replacement Therapy
- xxvii. Ageing and Puberty: Treatment to relieve symptoms caused by ageing, puberty, or other natural physiological cause, such as menopause and hearing loss caused by maturing or ageing
- xxviii. Artificial Life Maintenance: Artificial Life Maintenance, including life support machine use, where such treatment will not result in recovery or restoration of the previous state of health
- xxix. Hereditary conditions: Treatment for abnormalities, deformities Illness present only because they have been passed down through generations of family
- xxx. Sleep disorders: Treatment for sleep apnea, snoring or any other sleep-related breathing problem
- xxxi. Speech disorders: Treatment for speech disorders, including stammering
- xxxii. Treatment for developmental problems: Treatment for, or related to developmental problems, including learning difficulties (such as dyslexia), behavioral problems, including attention deficit hyperactivity disorder (ADHD)
- xxxiii. Any costs or expenses specified in the List of Expenses Generally Excluded at Annexure II.

#### d. General Conditions for exclusions

i. If We have accepted the claim of an Insured Person under the Permanent Total Disability, Permanent Partial Disability or Critical Illness cover, then, We shall not accept any other claim of that Insured Person for the same condition/disablement under the Permanent Total Disability or Permanent Partial Disability or Critical Illness covereven if the claim is made under another benefit provision of the Policy from the original claim.

# 4. Standard Terms and Conditions

#### a. Reasonable Care

The Insured Person shall take all reasonable steps to safeguard against any occurrence, event or situation that may give rise to any claim under this Policy.

#### b. Observance of terms and conditions

The due observance and fulfillment of the terms, conditions and endorsements of this Policy in so far as they relate to anything to be done or complied with by the Insured Person, shall be a Condition Precedent to any liability to make payment under this Policy.

## c. Subrogation and Contribution

Subrogation and Contribution provisions are not applicable to the Policy.

#### d. Fraudulent claims

If a claim is in any way found to be fraudulent, or if any false statement, or declaration is made or used in support of such a claim, or if any fraudulent means or devices are used by the Insured Person or any false or incorrect Disclosure to Information Norms or anyone acting on behalf of the Insured Person to obtain any benefit under this Policy, then this Policy shall be void and all claims being processed shall be forfeited for all Insured Persons and all sums paid under this Policy shall be repaid to Us by all Insured Persons who shall be jointly liable for such repayment.

#### e. Free Look Provision

You have a period of 15 days from the date of receipt of the Policy document to review the terms and conditions of this Policy. If You have any objections to any of the terms and conditions, You may cancel the Policy stating the reasons for cancellation and provided that no claims have been made under the Policy, We will refund the premium paid by You after deducting the amounts spent on stamp duty charges and proportionate risk premium for the period on cover. All rights and benefits under this Policy shall immediately stand extinguished on the free look cancellation of the Policy. The free look provision is not applicable and available at the time of Renewal of the Policy.

# f. Portability:

# i. From another company to Our Policy

(i) If the proposed Insured Person was insured continuously and without a break under another Indian retail health insurance policy with any other Indian General Insurance company, or stand alone Health Insurance company, it is understood and agreed that:

- (1) If You wish to exercise the Portability Benefit, We should have received Your application and completed Portability Form with complete documentation at least 45 days before the expiry of Your present period of insurance;
- (2) We may revise the premium payable based on the extent of applicability of the Portability Benefit.
- (3) This benefit is available only at the time of Renewal of the existing health insurance policy.
- (4) Portability benefit is available only upto the existing cover. If the proposed Sum Insured is higher than the Sum Insured under the expiring policy, waiting periods would be applied on the amount of proposed increase in Sum Insured only, in accordance with the existing guidelines of the Insurance Regulatory and Development Authority.
- (5) Waiting period credits would be extended to Pre-existing Diseases and time bound exclusions/waiting periods in accordance with the existing guidelines of the Insurance Regulatory and Development Authority.
- (6) The Portability Benefit shall be applied by Us within 15 days of receiving Your completed Application and Portability Form subject to the following:
  - (a) You shall give Us all additional documentation and/or information We request;
  - (b) You pay Us the applicable premium in full;
  - (c) We may, subject to Our medical underwriting, restrict the terms upon which We may offer cover, the decision as to which shall be in Our sole and absolute discretion;
  - (d) There is no obligation on Us to insure all Insured Persons or to insure all Insured Persons on the proposed terms, even if You have given Us all documentation;

(e) We have received necessary details of medical history and claim history from the previous insurance company for the Insured Persons' previous health insurance policythrough the IRDA's web portal.

(f) No additional loading or charges shall be applied by Us exclusively for porting the policy.

# ii. From Our existing health insurance policies to this Policy

- (i) If the proposed Insured Person was insured continuously and without a break under another health insurance policy with Us, It is understood and agreed that:
  - (1) If You wish to exercise the Portability Benefit, We should have received Your application and completed Portability Form before the expiry of Your present period of insurance;
  - (2) This benefit is available only at the time of Renewal of the existing health insurance policy.
  - (3) Portability Benefit is available only upto the existing cover. If the proposed Sum Insured is higher than the Sum Insured under the expiring policy, waiting periods would be applied on the amount of proposed increase in Sum Insured only, in accordance with the existing guidelines of the Insurance Regulatory and Development Authority.
  - (4) Waiting period credits would be extended to Pre-existing Diseases and time bound exclusions/waiting periods in accordance with the existing guidelines of the Insurance Regulatory and Development Authority.<sup>1</sup>
  - (5) The Portability Benefit shall be applied by Us within 15 days of receiving Your completed Application and Portability Form subject to the following:

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We have included the highlighted phrases in order to make the clauses consistent with the portability clause included in your other policies.

(a) You shall give Us all additional documentation and/or information We request;

- (b) You pay Us the applicable premium in full;
- (c) We may, subject to Our medical underwriting, restrict the terms upon which We may offer cover, the decision as to which shall be in Our sole and absolute discretion;
- (d) There is no obligation on Us to insure all Insured Persons or to insure all Insured Persons on the proposed terms, even if You have given Us all documentation.
- (e) No additional loading or charges shall be applied by Us exclusively for porting the policy

We reserve the right to modify or amend the terms and the applicability of the Portability Benefit in accordance with the provisions of the regulations and guidance issued by the Insurance Regulatory and Development Authority as amended from time to time.

#### g. Notification:

You will inform Us immediately of any change in the address, nature of job, state of health, or of any other changes affecting You or any Insured Person through the format Annexure III.

We shall allow the enhancement in Sum Assured or scope of cover only at the time of Renewal, provided You intimate Us at the time of Renewal. The decision of acceptance of enhancement of the sum insured or the scope of cover will be based on our underwriting policy and shall be subject to payment of applicable premium for such enhanced cover.

#### h. Cancellation/ Termination (other than freelook cancellation)

#### 1. Cancellation by Insured Person:

You may terminate this Policy during the Policy Period by giving Us at least 30 days prior written notice. We shall cancel the Policy and refund the premium for the balance of the Policy Period in accordance with the table below provided that no claim has been made under the Policy by or on behalf of any Insured Person.

| Length of time Policy in force | Refund of premium |
|--------------------------------|-------------------|
| up to 30 days                  | 75%               |
| up to 90 days                  | 50%               |
| up to 180 days                 | 25%               |
| exceeding 180 days             | 0%                |

# 2. Automatic Cancellation:

# a. Individual Policy:

The Policy shall automatically terminate on death of the Insured Person

## b. For Policy issued to Family:

The Policy shall automatically terminate in the event of the death of all the Insured Persons.

# c. Refund:

A refund in accordance with the table in Section 4(f)(1) above shall be payable if there is an automatic cancellation of the Policy provided that no claim has been filed under the Policy by or on behalf of any Insured Person.

# 3. Cancellation by Us:

Without prejudice to the above, We may terminate this Policy during the Policy Period by sending 30 days prior written notice to Your address shown in the Schedule of Insurance Certificate without refund of premium if in Our opinion:

- You or any Insured Person or any person acting on behalf of either has acted in a dishonest or fraudulent manner under or in relation to this Policy; and/or
- ii. You or any Insured Person has not disclosed the material facts or misrepresented in relation to the Policy; and/or
- iii. You or any Insured Person has not co operated with Us.

For avoidance of doubt, it is clarified that no claims shall be admitted and/or paid by Us during the notice period.

**4. Withdrawal of Product:** This product may be withdrawn at the option of the Insurer subject to prior approval of Insurance Regulatory and Development Authority (IRDA) or due to a change in regulations. In such a case We shall provide an option to migrate to our other suitable retail products as available with Us.

**5. Revision or Modification**: This product may be revised or modified subject to prior approval of Insurance Regulatory and Development Authority (IRDA). In such case We shall notify You of any such change atleast 3 months prior to the date from which such revision or modification shall come into effect, provided it is not otherwise provided by the authority.

#### i. Territorial Jurisdiction

- a) Personal Accident coverage is available worldwide
- b) Critical Illness and Hospital Cash are available in India only
- c) All claims shall be payable in India in Indian Rupees only.

#### j. Policy Disputes

Any dispute concerning the interpretation of the terms, conditions, limitations and/or exclusions contained herein shall be governed by Indian law and shall be subject to the jurisdiction of the Indian Courts at New Delhi

## k. Renewal of Policy

The Renewal premium is payable on or before the due date in the amount shown in the Schedule of Insurance Certificate or at such altered rate as may be reviewed and notified by Us before completion of the Policy Period. We are under no obligation to notify You of the Renewal date of Your Policy. We will allow a Grace Period of 30 days from the due date of the Renewal premium for payment to Us. No benefits or coverage under the Policy will be available for the period for which no premium is received.

If the Policy is not renewed within the Grace Period then We may agree to issue a fresh policy subject to Our underwriting criteria and no continuing benefits shall be available from the expired Policy.

If any Dependent Children has completed 21 years at the time of Renewal, then such Insured Person will have to take a separate policy as he/she will no longer be eligible as Dependent Children, however the continuity benefits will be passed on to the separate policy taken by such Insured Person.

There will not be any loading at the time of Renewal on individual claims experience of the Insured Person. Renewal of the Policy will not ordinarily be denied other than on grounds of moral hazard, misrepresentation or fraud or non-cooperation by You.

# I. Renewal Benefits (For Personal Accident Cover only):

If the Policy is renewed, the Sum Assured will be increased by 5% of the Sum Assured (shown in the Schedule of Insurance Certificate during the first Policy Year) for every claim free year upto a cumulative maximum of 25% of the Sum Assured for the Personal Accident cover only.

m. Notices

Any notice, direction or instruction given under this Policy shall be in writing and delivered by hand,

post, or facsimile to

i. The You/Insured Person at the address specified in the Schedule of Insurance

Certificate or at the changed address of which We must receive written notice.

ii. Us at the following address.

Max Bupa Health Insurance Company Limited

D-1, 2nd Floor,

Salcon Ras Vilas,

District Centre, Saket,

New Delhi-110 017

Fax No.: 1800-3070-3333

In addition, We may send You/Insured Person other information through electronic and

telecommunications means with respect to Your Policy from time to time.

n. Claims Procedure

All claims under this Policy will be adjudicated after the occurrence of the event and further

submission of Necessary Documents. The benefits will be paid in line with the coverage in the

insurance plan opted by You and will be irrespective of the actual costs incurred by You.

i. List of Necessary Documents are as follows:

> For Critical Illness: a)

1. Claim form duly completed and signed by the claimant.

2. Final Hospital Discharge Summary in original / self attested copies if the

originals are submitted with another insurer.

3. Final Hospital Bill in original / self attested copies if the originals are

submitted with another insurer.

4. Original consultation notes and / or investigation reports from outside the

Hospital prior to Hospitalisation

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 Copy of First Information Report (FIR) / Panchnama duly attested by the concerned police station (if Critical Illness being claimed for is admissible in event of an Accident)

- 6. Copy of Medico Legal Certificate duly attested by the concerned Hospital. (if Critical Illness being claimed for is admissible in event of an Accident)
- b) Hospital Cash:
- 1. Claim form duly completed and signed by the claimant.
- 2. Final Hospital Discharge Summary in original / self attested copies if the originals are submitted with another insurer.
- 3. Final Hospital Bill in original / self attested copies if the originals are submitted with another insurer.
- 4. Original consultation notes and / or investigation reports from outside the Hospital prior to Hospitalisation
- Copy of First Information Report (FIR) / Panchnama duly attested by the concerned police station (if Hospital Cash being claimed for is admissible in event of an Accident)
- 6. Copy of Medico Legal Certificate duly attested by the concerned Hospital. (if Hospital Cash being claimed for is admissible in event of an Accident)
- c) Accidental Death
- 1. Claim form duly completed and signed by the claimant.
- Original Death Certificate (issued by the office of Registrar of Births and Deaths)
- 3. Copy of First Information Report (FIR) / Panchnama duly attested by the concerned police station
- 4. Copy of Medico Legal Certificate duly attested by the concerned Hospital.

- 5. Income proof of the Proposer
- i. Last three months Salary Slip OR
- ii. Last year's ITR / Form 16
- iii. Employer's Certificate
- iv. Audited Accounts
- d) Accidental Permanent Total Disability and Accidental Permanent Partial
   Disability
- 1. Claim form duly completed and signed by the claimant.
- 2. Hospital Discharge Summary (in original) / self attested copies if the originals are submitted with another insurer.
- 3. Final Hospital Bill (in original) / self attested copies if the originals are submitted with another insurer.
- 4. Medical consultations and investigations done from outside the Hospital.
- 5. Original certificate of Disability issued by a Medical Board duly constituted by the Central and the State Government.
- 6. Copy of First Information Report (FIR) / Panchnama duly attested by the concerned police station
- 7. Copy of Medico Legal Certificate duly attested by the concerned Hospital.
- 8. Income proof of the Proposer:
- I. Last three months Salary Slip
- II. Last year's ITR / Form 16
- III. Employer's Certificate
- IV. Audited Accounts
- ii. We reserve the right to call for:

 Any other necessary documentation or information that We believe may be required; and

- (2) A medical examination by Our Medical Practitioneror for an investigation as often as We believe this to be necessary. Any expenses related to such examination or investigation shall be borne by Us.
- iii. In the event of the Insured Person's death during Hospitalisation, written notice accompanied by a copy of the post mortem report (if any) shall be given to Us within 14 days regardless of whether any other notice has been given to Us. We reserve the right to require an autopsy.

All claims are to be notified to Us within a reasonable time and for Hospital Cash the Notification of Claim has to be within 48 hours of Hospitalisation. In case where the delay in intimation is proved to be genuine and for reasons beyond the control of the Insured Person or Nominee specified in the Schedule of Insurance Certificate, We may condone such delay and process the claim, We reserve a right to decline such requests for claim process where there is no merit for a delayed claim

Upon acceptance of a claim, the payment of the amount due shall be made within 30 days from the date of acceptance of the claim. In the case of delay in payment, We shall be liable to pay interest at a rate which is 2% above the bank rate prevalent at the beginning of the financial year in which the claim is reviewed by it.

If You hold an indemnity policy with Us, a single Notification for Claim will apply to both the indemnity plan as well as this Policy, even if the Notification for Claim for this Policy does not explicitly mention this. The benefits under the indemnity plan will be paid out in accordance to the terms and conditions of the respective plan.

#### o. Alteration to the Policy

This Policy constitutes the complete contract of insurance. Any change in the Policy will only be evidenced by a written endorsement signed and stamped by Us. No one except Us can change or vary this Policy.

#### p. Nominee

You are mandatorily required at the inception of the Policy, to make a nomination for the purpose of payment of claims, under the Policy in the event of death.

i. Any change of nomination shall be communicated to Us in writing and such change shall be effective only when an endorsement on the Policy is made by Us.

ii. In case of any Insured Person other than You under the Policy, for the purpose of payment of claims in the event of death, the default nominee would be You.

# q. Obligations in case of a minor

If an Insured Person is less than 18 years of age, You/adult Insured Person shall be completely responsible for ensuring compliance with all the terms and conditions of this Policy on behalf of that minor Insured Person.

#### r. Customer Service and Grievances Reddressal:

i. In case of any query or complaint/grievance, You / Insured Person may approach
 Our office at the following address:

**Customer Services Department** 

Max Bupa Health Insurance Company Limited

D-1, 2nd Floor,

Salcon Ras Vilas,

District Centre, Saket,

New Delhi-110 017

Contact No: 1800-3010-3333 Fax No.: 1800-3070-3333

Email ID: customercare@maxbupa.com

ii. In case You/Insured Person are not satisfied with the decision of the above office, or have not received any response within 10 days, You/Insured Person may contact the following official for resolution:

Head - Customer Services

Max Bupa Health Insurance Company Limited

D-1, 2nd Floor,

Salcon Ras Vilas,

District Centre, Saket,

New Delhi-110 017

Contact No: 1800-3010-3333

Fax No.: 1800-3070-3333

Email ID: customercare@maxbupa.com

**iii.** In case You/Insured Person are not satisfied with Our decision/resolution, You may approach the Insurance Ombudsman at the addresses given in Annexure I.

- iv. The complaint should be made in writing duly signed by the complainant or by his/her legal heirs with full details of the complaint and the contact information of the complainant.
- v. As per provision 13(3)of the Redressal of Public Grievances Rules 1998,the complaint to the Ombudsman can be made
  - 1. only if the grievance has been rejected by Our Grievance Redressal Machinery;
  - 2. within a period of one year from the date of Our rejection;
  - 3. if it is not simultaneously under any litigation.

## 5. Interpretations & Definitions

In this Policy the following words or phrases shall have the meanings attributed to them wherever they appear in this Policy and for this purpose the singular will be deemed to include the plural, the male gender includes the female where the context permits:

- Def. 1. **Accident** or **Accidental** means a sudden, unforeseen and involuntary event caused by external visible and violent means..
- Def. 2. **Alternative treatments**: are forms of treatments other than treatment "Allopathy" or "modern medicine" and includes Ayurveda, Unani, Sidha and Homeopathy in the Indian context.
- Def. 3. Congenital Anomaly refers to either:

an external condition(s) which is present since birth, and which is abnormal with reference to form, structure or position

- (a) Internal Congenital AnomalyCongenital anomaly which is not in the visible and accessible parts of the body.
- (b) External Congenital AnomalyCongenital anomaly which is in the visible and accessible parts of the body.
- Def. 4. **Condition Precedent** shall mean a policy term or condition upon which the Insurer's liability under the policy is conditional upon.
- Def. 5. **Critical Illnesses**mean those illnesses or diseases of specified severeness as specified in Subsection 2.2
- Def. 6. **Day care centre** means any institution established for Day Care Treatment of illness and / or injuries or a medical set up within a Hospital and which has been registered with the local authorities, wherever applicable, and is under the supervision of a registered and qualified Medical Practitioner AND must comply with all minimum criteria as under:-
  - has qualified nursing staff under its employment
  - has qualified Medical Practitioner (s) in charge
  - has a fully equipped operation theatre of its own where Surgical Procedures are carried out
  - maintains daily records of patients and will make these accessible to the Insurance company's authorized personnel.

Def. 7. Day Care Treatment means a medical treatment, and/or Surgical Procedure which is:

- a) undertaken under General or Local Anesthesia in a Hospital/Day care centre in less than 24 hrs because of technological advancement, and
- b) which would have otherwise required a Hospitalisation of more than 24 hours. Treatment normally taken on an OPD Treatment basis is not included in the scope of this definition.

# Def. 8. Dependent Children

- i) For the Personal Accident Cover only means Unmarried children aged between 5 years and 21 years at the time of first Policy with Us, who are financially dependent on You and do not have their own independent households.
- ii) For the Hospital Cash Benefit only means Unmarried children aged between 2 years and 21 years at the time of first Policy with Us, who are financially dependent on You and do not have their own independent households.

# Def. 9. Family:

- i) For the Personal Accident Cover only means a unit comprising of upto four members who are related to each other in the following manner:
  - (a) Legally married husband and wife as long as they continue to be married; and
  - (b) Up to their two Dependent Children as defined under Def 8(i)
- ii) For the Critical Illness Cover only means a unit comprising of upto 2 members who are related to each other in the following manner:
  - (a) Legally married husband and wife as long as they continue to be married.
- iii) For the Hospital Cash Benefit only means a unit comprising of upto four members who are related to each other in the following manner:
  - (a) Legally married husband and wife as long as they continue to be married; and
  - (b) Up to their two Dependent Children as defined under Def 8(ii)
- Def. 10. **Disclosure to Information Norm:** The Policy shall be void and all premium paid hereon shall be forfeited to the Company, in the event of misrepresentation, mis-description or non-disclosure of any material fact.
- Def. 11. **Grace Period** means the specified period of time immediately following the premium due date during which a payment can be made to renew or continue a Policy in force without loss of continuity benefits such as waiting periods and coverage of Pre-existing Diseases. Coverage is not available for the period for which no premium is received.

Def. 12. **Hospital** means any institution established for in-patient care and day care treatment of Illnessand / or injuries and which has been registered as a hospital with the local authorities under the Clinical Establishments (Registration and Regulation) Act, 2010 or under the enactments specified under the Schedule of Section 56(1) of the said Act OR complies with all minimum criteria as under:

;

- a) has qualified nursing staff under its employment round the clock;
- b) has at least 10 inpatient beds, in those towns having a population of less than 10,00,000 and at least 15 inpatient beds in all other places
- c) has qualified Medical Practitioner (s) in charge round the clock;
- d) has a fully equipped operation theatre of its own where surgical procedures are carried out;
- e) maintains daily records of patients and makes these accessible to the insurance company's authorized personnel.
- Def. 13. **Hospitalisation** or **Hospitalised** means the admission in a Hospital for a minimum period of 24 Inpatient Care consecutive hours except for specified procedures/treatments, where such admission could be for a period of less than 24 consecutive hours.
- Def. 14. **Information Summary Sheet** means the record and confirmation of information provided to Us or Our representatives over the telephone for the purposes of applying for this Policy.
- Def. 15. **Injury:** Injury means accidental physical bodily harm excluding illness or disease solely and directly caused by external, violent and visible and evident means which is verified and certified by a Medical Practitioner.
- Def. 16. Inpatient Care means treatment for which the insured person has to stay in a Hospital for more than 24 hours for a covered event.
- Def. 17. **Intensive Care Unit** means an identified section, ward or wing of a hospital which is under the constant supervision of a dedicated Medical Practitioner(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.

Def. 18. **Illness** means sickness or a disease or pathological condition leading to the impairment of normal physiological function which manifests itself during the Policy Period and requires medical treatment

- a) Acute Condition-Acute condition is a disease, illness or injury that is likely to respond quickly to treatment which aims to return the person to his or her state of health immediately beforesuffering the disease/illness/injury which leads to full recovery.
- b) Chronic condition A chronic condition is defined as a disease, illnesss, or injury that has one or more of the following characteristics:- it needs ongoing or long-term monitoring through consultations, examinations, check-ups, and/or tests- it needs ongoing or long-term control or relief of symptoms –it requires your rehabilitation or for you to be specifically trained to cope with it- it continues indefinitely – it comes back or is likely to come back.
- Def. 19. **Insured Person :** means person named as insured in the Schedule of Insurance Certificate including You
- Def. 20. **Limb**: is/ are jointed appendages i.e an arm or leg with all its parts i.e lower limb is the limb of the body extending from the gluteal region to the foot and upper limb is the limb of the body extending from the deltoid region to the hand
- Def. 21. Medical Advise means any consultation or advice from a Medical Practitioner including the issue of any prescription or repeat prescription.
- Def. 22. **Medically Necessary**Medically necessary treatment is defined as any treatment, tests, medication, or stay in Hospital or part of a stay in Hospital which:
  - a) is required for the medical management of the Illness or injury suffered by the insured;
  - b) must not exceed the level of care necessary to provide safe, adequate and appropriate medical care in scope, duration, or intensity;
  - c) must have been prescribed by a Medical Practitioner;
  - d) must conform to the professional standards widely accepted in international medical practice or by the medical community in India.
- Def. 23. **Medical Practitioner:**A Medical Practitioner is a person who holds a valid registration from the Medical Council of any State or Medical Council of India or Council for Indian Medicine or for Homeopathy set up by the Government of India or a State Government and is thereby entitled to practice medicine within its jurisdiction; and is acting within the scope and jurisdiction of licence,

Def. 24. **Notification of Claim** is the process of notifying a claim to the insurer or TPA by specifying the timelines as well as the address / telephone number to which it should be notified.

Def. 25. **PermanentTotal Disability** means disablement of the Insured Person such that at least one of the following conditions is satisfied

## (a) Unable to Work

The Insured Person suffers an Injury and due to such Injury the Insured Person is unlikely to ever be able to engage in any occupation or employment or business for remuneration or profit.

## (b) Loss of use of limbs or Sight

The Insured Person suffers from total and irrecoverable loss of:

- i. The use of two limbs (including paraplegia and hemiplegia) OR
- ii. The sight of both eyes OR
- iii. The use of one limb and the sight of one eye

# (c) Loss of independent living

The Insured Person is permanently unable to perform independently three or more of the following six activities of daily living.

- i. Washing: the ability to maintain an adequate level of cleanliness and personal hygiene
- ii. **Dressing**: the ability to put on and take off all necessary garments, artificial limbs or other surgical appliances that are Medically Necessary
- iii. **Feeding**: the ability to transfer food from a plate or bowl to the mouth once food has been prepared and made available
- iv. **Toileting**: the ability to manage bowel and bladder function, maintaining an adequate and socially acceptable level of hygiene
- v. **Mobility**: the ability to move indoors from room to room on level surfaces at the normal place of residence
- vi. **Transferring:** the ability to move from a lying position in a bed to a sitting position in an upright chair or wheel chair and vice versa.
- Def. 26. **Policy** means these terms and conditions, any annexure thereto and the Schedule of Insurance Certificate (as amended from time to time), Your statements in the proposal form and the Information Summary Sheet and the policy wording (including endorsements, if any).

Def. 27. **Policy Period** means the period between the date of commencement and the expiry date of the Policy as stated in the Schedule of Insurance Certificate.

- Def. 28. **Policy Year** means the period of one year commencing on the date of commencement specified in the Schedule of Insurance Certificate or any anniversary thereof.
- Def. 29. **Portability** means transfer by an individual health insurance policyholder (including family cover) of the credit gained for pre-existing disease and time-bound exclusions if he/she chooses to switch from one insurer to another.
- Def. 30. **Pre-existing Disease** means any condition, ailment or Injury or related condition(s) for which the Insured Person had signs or symptoms, and / or were diagnosed, and / or received medical advice/ treatment, within 48 months prior to the first Policy issued by Us.
- Def. 31. **Product Benefits Table** means the Product Benefits Table issued by Us and accompanying this Policy and annexures thereto.
- Def. 32. **Qualified Nurse** is a person who holds a valid registration from the Nursing Council of India or the Nursing Council of any state in India.
- Def. 33. **Renewal** defines the terms on which the contract of insurance can be renewed on mutual consent with a provision of grace period for treating the renewal continuous for the purpose of all waiting periods.
- Def. 34. **Schedule of Insurance Certificate** means the schedule provided in the insurance certificate issued by Us, and, if more than one, then the latest in time.
- Def. 35. **Sum Assured** means the sum shown in the Schedule of Insurance Certificate which represents Our maximum, total and cumulative liability for any and all claims under the Policy during the Policy Year.
- Def. 36. **Surgery or Surgical Procedure** means manual and / or operative procedure (s) required for treatment of an illness or injury, correction of deformities and defects, diagnosis and cure of diseases, relief of suffering or prolongation of life, performed in a hospital or day care centre by a medical practitioner

Def. 37. **Unproven/Experimental treatment** means treatment, including drug experimental therapy, which is not based on established medical practice in India, is treatment experimental or unproven.

- Def. 38. We/Our/Us means Max Bupa Health Insurance Company Limited.
- Def. 39. **You/Your/Policyholder** meansthe person named in the Schedule of Insurance Certificate

  Any reference to any statute shall be deemed to refer to any replacement or amendment to that statute.

'Max', Max Logo, 'Bupa' and HEARTBEAT logo are trademarks of their respective owners and are being used by Max Bupa Health Insurance Company Limited under license.

### **Annexure I**

| List of Insurance Or  | mbudsmen  |   |                         |  |  |  |
|---|-----------|---|-------------------------|--|--|--|
| Office of the Name of the Contact Details Areas of Jurisdiction |           |   |                         |  |  |  |
| Ombudsman   | Ombudsmen |   |                         |  |  |  |
| AHMEDABAD   |           | Insurance Ombudsman,                      | Gujarat , UT of Dadra & |  |  |  |
|   |           | Office of the Insurance Ombudsman,        | Nagar Haveli, Daman and |  |  |  |
|   |           | 2nd Floor, Ambica House,                  | Diu                     |  |  |  |
|   |           | Nr. C.U. Shah College,                    |                         |  |  |  |
|   |           | Ashram Road,                              |                         |  |  |  |
|   |           | AHMEDABAD-380 014.                        |                         |  |  |  |
|   |           | Tel.:- 079-27546840, Fax : 079-27546142   |                         |  |  |  |
|   |           | Email ins.omb@rediffmail.com              |                         |  |  |  |
| BHOPAL  |           | Insurance Ombudsman,                      | Madhya Pradesh &        |  |  |  |
|   |           | Office of the Insurance Ombudsman,        | Chhattisgarh            |  |  |  |
|   |           | Janak Vihar Complex,                      |                         |  |  |  |
|   |           | 2 <sup>nd</sup> Floor,  6, Malviya Nagar, |                         |  |  |  |
|   |           | Opp. Airtel, Near New Market,             |                         |  |  |  |
|   |           | BHOPAL(M.P.)-462 023.                     |                         |  |  |  |
|   |           | Tel.:- 0755-2569201, Fax : 0755-2769203   |                         |  |  |  |
|   |           | Email bimalokpalbhopal@airtelmail.in      |                         |  |  |  |
| BHUBANESHWAR  |           | Insurance Ombudsman,                      | Orissa                  |  |  |  |
|   |           | Office of the Insurance Ombudsman,        |                         |  |  |  |
|   |           | 62, Forest Park,                          |                         |  |  |  |
|   |           | BHUBANESHWAR-751 009.                     |                         |  |  |  |
|   |           | Tel.:- 0674-2596455, Fax : 0674-2596429   |                         |  |  |  |
|   |           | Email ioobbsr@dataone.in                  |                         |  |  |  |
| CHANDIGARH  |           | Insurance Ombudsman,                      | Punjab , Haryana,       |  |  |  |
|   |           | Office of the Insurance Ombudsman,        | Himachal Pradesh, Jammu |  |  |  |
|   |           | S.C.O. No.101-103,                        | & Kashmir , UT of       |  |  |  |
|   |           | 2nd Floor, Batra Building.                | Chandigarh              |  |  |  |
|   |           | Sector 17-D,                              |                         |  |  |  |
|   |           | CHANDIGARH-160 017.                       |                         |  |  |  |
|   |           | Tel.:- 0172-2706468, Fax : 0172-2708274   |                         |  |  |  |
|   |           | Email ombchd@yahoo.co.in                  |                         |  |  |  |
| CHENNAI   | Shri V.   | Shri V. Ramasaamy,                        | Tamil Nadu, UT-         |  |  |  |

|           | Ramasaamy    | Insurance Ombudsman,                       | Pondicherry Town and        |
|-----------|--------------|--|-----------------------------|
|           |              | Office of the Insurance Ombudsman,         | Karaikal (which are part of |
|           |              | Fathima Akhtar Court,                      | UT of Pondicherry)          |
|           |              | 4th Floor, 453 (old 312),                  |                             |
|           |              | Anna Salai, Teynampet,                     |                             |
|           |              | CHENNAI-600 018.                           |                             |
|           |              | Tel.:- 044-24333668 /5284, Fax : 044-      |                             |
|           |              | 24333664                                   |                             |
|           |              | Email insombud@md4.vsnl.net.in             |                             |
| NEW DELHI | Shri         | Shri Surendra Pal Singh                    | Delhi & Rajashthan          |
|           | Surendra Pal | Insurance Ombudsman,                       |                             |
|           | Singh        | Office of the Insurance Ombudsman,         |                             |
|           |              | 2/2 A, Universal Insurance Bldg.,          |                             |
|           |              | Asaf Ali Road,                             |                             |
|           |              | NEW DELHI-110 002.                         |                             |
|           |              | Tel.:- 011-23239633, Fax : 011-23230858    |                             |
|           |              | Email iobdelraj@rediffmail.com             |                             |
| GUWAHATI  | Shri Sarat   | Shri Sarat Chandra Sarma,                  | Assam , Meghalaya,          |
|           | Chandra      | Insurance Ombudsman,                       | Manipur, Mizoram,           |
|           | Sarma        | Office of the Insurance Ombudsman,         | Arunachal Pradesh,          |
|           |              | "Jeevan Nivesh", 5 <sup>th</sup> Floor,    | Nagaland and Tripura        |
|           |              | Near Panbazar Overbridge, S.S. Road,       |                             |
|           |              | GUWAHATI-781 001 (ASSAM).                  |                             |
|           |              | Tel.:- 0361-2132204/5, Fax : 0361-         |                             |
|           |              | 2732937                                    |                             |
|           |              | Email ombudsmanghy@rediffmail.com          |                             |
| HYDERABAD | Shri K.      | Shri K Chandrahas                          | Andhra Pradesh, Karnataka   |
|           | Chandrahas   | Insurance Ombudsman,                       | and UT of Yanam – a part    |
|           |              | Office of the Insurance Ombudsman,         | of the UT of Pondicherry    |
|           |              | 6-2-46, 1 <sup>st</sup> Floor, Moin Court, |                             |
|           |              | A.C. Guards, Lakdi-Ka-Pool,                |                             |
|           |              | HYDERABAD-500 004.                         |                             |
|           |              | Tel : 040-65504123, Fax: 040-23376599      |                             |
|           |              | Email insombudhyd@gmail.com                |                             |
| ERNAKULAM |              | Insurance Ombudsman,                       | Kerala , UT of (a)          |
|           |              | Office of the Insurance Ombudsman,         | Lakshadweep , (b) Mahe -    |
|           |              |  |                             |

|         | _           | I  | T                           |
|---------|-------------|--|-----------------------------|
|         |             | 2nd Floor, CC 27/2603, Pulinat Bldg.,      | a part of UT of Pondicherry |
|         |             | Opp. Cochin Shipyard, M.G. Road,           |                             |
|         |             | ERNAKULAM-682 015.                         |                             |
|         |             | Tel: 0484-2358759, Fax: 0484-2359336       |                             |
|         |             | Email iokochi@asianetindia.com             |                             |
| KOLKATA | Ms. Manika  | Ms. Manika Datta                           | West Bengal , Bihar ,       |
|         | Datta       | Insurance Ombudsman,                       | Jharkhand and UT of         |
|         |             | Office of the Insurance Ombudsman,         | Andeman & Nicobar Islands   |
|         |             | North British Bldg.,                       | , Sikkim                    |
|         |             | 29, N.S. Road, 4 <sup>th</sup> Floor,      |                             |
|         |             | KOLKATA-700 001.                           |                             |
|         |             | Tel : 033-22134866, Fax : 033-22134868     |                             |
|         |             | Email iombkol@vsnl.net                     |                             |
| LUCKNOW |             | Insurance Ombudsman,                       | Uttar Pradesh and           |
|         |             | Office of the Insurance Ombudsman,         | Uttaranchal                 |
|         |             | Jeevan Bhawan, Phase-2,                    |                             |
|         |             | 6 <sup>th</sup> Floor, Nawal Kishore Road, |                             |
|         |             | Hazaratganj,                               |                             |
|         |             | LUCKNOW-226 001.                           |                             |
|         |             | Tel: 0522 -2231331, Fax: 0522-2231310      |                             |
|         |             | Email insombudsman@rediffmail.com          |                             |
| MUMBAI  | Shri S.     | Shri S Viswanathan                         | Maharashtra , Goa           |
|         | Viswanathan | Insurance Ombudsman,                       |                             |
|         |             | Office of the Insurance Ombudsman,         |                             |
|         |             | 3rd Floor, Jeevan Seva Annexe,             |                             |
|         |             | S.V. Road, Santacruz(W),                   |                             |
|         |             | MUMBAI-400 054.                            |                             |
|         |             | Tel : 022-26106928, Fax : 022-26106052     |                             |
|         |             | Email ombudsmanmumbai@gmail.com            |                             |
|         | 1           | l  | I.                          |

## OFFICE OF THE GOVERNING BODY OF INSURANCE COUNCIL

Smt. Rita Bhattacharya, Secretary General

3rd Floor, Jeevan Seva Annexe,

S.V. Road, Santacruz(W),

MUMBAI - 400 021

Tel: 022-26106245

Fax: 022-26106949

Email- inscoun@gmail.com

Shri D V Dixit, Dy. Secretary

3<sup>rd</sup> Floor, Jeevan Seva Annexe,

S.V. Road, Santacruz (W),

MUMBAI - 400 021.

Tel: 022-26106980

Fax: 022-26106949

## **Annexure II**

|     | List of Generally excluded in Hospitalisation Policy                                    |  |  |  |  |
|-----|---|--|--|--|--|
| SNO | List of Expenses Generally Excluded<br>("Non-Medical")in Hospital Indemnity<br>Policy - | SUGGESTIONS  |  |  |  |
|     | TOILETRIES/COSMETICS/ PERSON  | NAL COMFORT OR CONVENIENCE ITEMS   |  |  |  |
| 1   | HAIR REMOVAL CREAM  | Not Payable  |  |  |  |
|     | BABY CHARGES (UNLESS  |  |  |  |  |
| 2   | SPECIFIED/INDICATED)  | Not Payable  |  |  |  |
| 3   | BABY FOOD   | Not Payable  |  |  |  |
| 4   | BABY UTILITES CHARGES   | Not Payable  |  |  |  |
| 5   | BABY SET  | Not Payable  |  |  |  |
| 6   | BABY BOTTLES  | Not Payable  |  |  |  |
| 7   | BRUSH   | Not Payable  |  |  |  |
| 8   | COSY TOWEL  | Not Payable  |  |  |  |
| 9   | HAND WASH   | Not Payable  |  |  |  |
| 10  | M01STUR1SER PASTE BRUSH   | Not Payable  |  |  |  |
| 11  | POWDER  | Not Payable  |  |  |  |
| 12  | RAZOR   | Payable  |  |  |  |
| 13  | SHOE COVER  | Not Payable  |  |  |  |
| 14  | BEAUTY SERVICES   | Not Payable  |  |  |  |
| 15  | BELTS/ BRACES   | Essential and may be paid specifically for cases who have undergone surgery of thoracic or lumbar spine. |  |  |  |
| 16  | BUDS  | Not Payable  |  |  |  |
| 17  | BARBER CHARGES  | Not Payable  |  |  |  |
| 18  | CAPS  | Not Payable  |  |  |  |
| 19  | COLD PACK/HOT PACK  | Not Payable  |  |  |  |
| 20  | CARRY BAGS  | Not Payable  |  |  |  |
| 21  | CRADLE CHARGES  | Not Payable  |  |  |  |
| 22  | COMB  | Not Payable  |  |  |  |
| 23  | DISPOSABLES RAZORS CHARGES ( for site preparations)                                     | Payable  |  |  |  |
| 24  | EAU-DE-COLOGNE / ROOM FRESHNERS   | Not Payable  |  |  |  |
| 25  | EYE PAD   | Not Payable  |  |  |  |
| 26  | EYE SHEILD  | Not Payable  |  |  |  |
| 27  | EMAIL / INTERNET CHARGES  | Not Payable  |  |  |  |

|          | FOOD CHARGES (OTHER THAN PATIENT'S             |   |
|----------|--|---|
| 28       | DIET PROVIDED BY HOSPITAL)                     | Not Payable   |
| 29       | FOOT COVER                                     | Not Payable   |
| 30       | GOWN   | Not Payable   |
| 31       | LEGGINGS                                       | Essential in bariatric and varicose vein surgery and should be considered for these conditions where surgery itself is payable. |
| 32       | LAUNDRY CHARGES                                | Not Payable   |
| 33       | MINERAL WATER                                  | Not Payable   |
| 34       | OIL CHARGES                                    | Not Payable   |
| 35       | SANITARY PAD                                   | Not Payable   |
| 36       | SLIPPERS                                       | Not Payable   |
| 37       | TELEPHONE CHARGES                              | Not Payable   |
| 38       | TISSUE PAPER                                   | Not Payable   |
| 39       | TOOTH PASTE                                    | Not Payable   |
| 40       | TOOTH BRUSH                                    | Not Payable   |
| 41       | GUEST SERVICES                                 | Not Payable   |
| 42       | BED PAN  | Not Payable   |
| 43       | BED UNDER PAD CHARGES                          | Not Payable   |
| 44       | CAMERA COVER                                   | Not Payable   |
| 45       | CLINIPLAST                                     | Not Payable   |
| 46       | CREPE BANDAGE                                  | Not Payable/ Payable by the patient   |
| 47       | CURAPORE                                       | Not Payable   |
| 48       | DIAPER OF ANY TYPE                             | Not Payable   |
| 49       | DVD, CD CHARGES                                | Not Payable ( However if CD is specifically sought by Insurer/TPA then payable)   |
| 50       | EYELET COLLAR                                  | Not Payable   |
| 51       | FACE MASK                                      | Not Payable   |
| 52       | FLEXI MASK                                     | Not Payable   |
| 53       | GAUSE SOFT                                     | Not Payable   |
| 54       | GAUZE  | Not Payable   |
| 55       | HAND HOLDER                                    | Not Payable   |
| 56       | HANSAPLAST/ADHESIVE BANDAGES                   | Not Payable   |
| 57       | INFANT FOOD                                    | Not Payable   |
| 58       | SLINGS   | Reasonable costs for one sling in case of upper arm fractures should be considered  |
| <u> </u> | ITEMS SPECIFIC ALL Y                           | EXCLUDED IN THE POLICIES  |
| 59       | WEIGHT CONTROL PROGRAMS/ SUPPLIES/<br>SERVICES | Exclusion in policy unless otherwise specified  |

|    | COST OF SPECTACLES/ CONTACT LENSES/                                |  |
|----|--|--|
| 60 | HEARING AIDS ETC.,   | Exclusion in policy unless otherwise specified                         |
|    | DENTAL TREATMENT EXPENSES THAT DO                                  |  |
| 61 | NOT REQUIRE HOSPITALISATION  | Exclusion in policy unless otherwise specified                         |
| 62 | HORMONE REPLACEMENT THERAPY  | Exclusion in policy unless otherwise specified                         |
| 63 | HOME VISIT CHARGES   | Exclusion in policy unless otherwise specified                         |
| 64 | INFERTILITY/ SUBFERTILITY/ ASSISTED CONCEPTION PROCEDURE           | Exclusion in policy unless otherwise specified                         |
| 65 | OBESITY (INCLUDING MORBID OBESITY) TREATMENT IF EXCLUDED IN POLICY | Exclusion in policy unless otherwise specified                         |
| 66 | PSYCHIATRIC & PSYCHOSOMATIC DISORDERS                              | Exclusion in policy unless otherwise specified                         |
|    | CORRECTIVE SURGERY FOR REFRACTIVE                                  |  |
| 67 | ERROR  | Exclusion in policy unless otherwise specified                         |
| 68 | TREATMENT OF SEXUALLY TRANSMITTED DISEASES                         | Exclusion in policy unless otherwise specified                         |
| 69 | DONOR SCREENING CHARGES  | Exclusion in policy unless otherwise specified                         |
|    |  |  |
| 70 | ADMISSION/REGISTRATION CHARGES                                     | Exclusion in policy unless otherwise specified                         |
|    | HOSPITALISATION FOR EVALUATION/                                    |  |
| 71 | DIAGNOSTIC PURPOSE   | Exclusion in policy unless otherwise specified                         |
|    | EXPENSES FOR INVESTIGATION/  |  |
|    | TREATMENT IRRELEVANT TO THE DISEASE                                | Not payable - Exclusion in policy unless otherwise                     |
| 72 | FOR WHICH ADMITTED OR DIAGNOSED                                    | specified  |
|    | ANY EXPENSES WHEN THE PATIENT IS                                   |  |
|    | DIAGNOSED WITH RETRO VIRUS + OR                                    |  |
| 73 | SUFFERING FROM /HIV/ AIDS ETC IS DETECTED/ DIRECTLY OR INDIRECTLY  | Not payable as per HIV/AIDS exclusion                                  |
| /3 | ·  |  |
| 74 | STEM CELL IMPLANTATION/ SURGERY and storage                        | Not Payable except Bone Marrow Transplantation where covered by policy |
|    |  | S WHERE SEPARATE CONSUMABLES ARE NOT PAYABLE                           |
|    |  | E SERVICE IS   |
|    |  |  |
| 75 | WARD AND THEATRE BOOKING CHARGES                                   | Payable under OT Charges, not payable separately                       |
|    | ARTHROSCOPY & ENDOSCOPY  | Rental charged by the hospital payable. Purchase of                    |
| 76 | INSTRUMENTS  | Instruments not payable.   |
|    |  |  |
| 77 | MICROSCOPE COVER   | Payable under OT Charges, not payable separately                       |
|    | SURGICAL BLADES,HARMONIC   |  |
| 78 | SCALPEL,SHAVER   | Payable under OT Charges, not payable separately                       |

| 79       | SURGICAL DRILL                       | Payable under OT Charges, not payable separately   |
|----------|--------------------------------------|--|
|          |                                      |  |
| 80       | EYE KIT                              | Payable under OT Charges, not payable separately   |
| 0.4      | 5//5 5 5 5 5 5                       |  |
| 81       | EYE DRAPE                            | Payable under OT Charges, not payable separately   |
| 82       | X-RAY FILM                           | Payable under Radiology Charge s, not as consumable                                      |
|          | 7.1011.11201                         | Payable under Investigation Charges, not as  |
| 83       | SPUTUM CUP                           | consumable   |
| 84       | BOYLES APPARATUS CHARGES             | Part of OT Charges, not seperately   |
|          | BLOOD GROUPING AND CROSS             |  |
| 85       | MATCHING OF DONORS SAMPLES           | Part of Cost of Blood, not payable   |
| 86       | Antiseptic or disinfectant lotions   | Not Payable -Part of Dressing Charges  |
| 0.7      | BAND AIDS, BANDAGES, STERLILE        | Net Payable Part of Pressing Charges   |
| 87<br>88 | INJECTIONS, NEEDLES, SYRINGES COTTON | Not Payable -Part of Dressing Charges  Not Payable -Part of Dressing Charges             |
| 89       | COTTON BANDAGE                       | Not Payable -Part of Dressing Charges  Not Payable -Part of Dressing Charges             |
| - 03     | COTTON BANDAGE                       | Not rayable trait of Bressing Charges  |
|          |                                      | Not Payable-Payable by the patien t when prescribed ,                                    |
| 90       | MICROPORE/ SURGICAL TAPE             | otherwise included as Dressing Charges   |
| 91       | BLADE                                | Not Payable  |
| 22       |                                      | Not Payable -Part of Hospital Services/Disposable  |
| 92       | APRON                                | linen to be part of OT/ICU charges   |
|          |                                      | Not Davable (sorvice is the rand by  |
| 93       | TORNIQUET                            | Not Payable (service is cha rged by hospitals,consumables can not be separately charged) |
| 94       | ORTHOBUNDLE, GYNAEC BUNDLE           | Part of Dressing Charges   |
| 95       | URINE CONTAINER                      | Not Payable  |
|          | ELEMENTS O                           | F ROOM CHARGE  |
|          |                                      | Actual tax levied by government is payable .Part of                                      |
| 96       | LUXURY TAX                           | room charge for sublimits  |
| 97       | HVAC                                 | Part of room charge not payable separately   |
| 98       | HOUSE KEEPING CHARGES                | Part of room charge not payable separately   |
| 00       | SERVICE CHARGES WHERE NURSING        | Doub of upon shound not not be a second to   |
| 99       | CHARGE ALSO CHARGED                  | Part of room charge not payable separately   |
| 100      | TELEVISION & AIR CONDITIONER CHARGES | Payable under room charges not if separately levied                                      |
| 101      | SURCHARGES                           | Part of room charge not payable separately   |
| 102      | ATTENDANT CHARGES                    | Not Payable - P art of Room Charges  |
| 103      | IM IV INJECTION CHARGES              | Part of nursing charges, not payable   |

| 104        | CLEAN SHEET ^                            | Part of Laundry/Housekeeping not payable separately |  |  |
|------------|--|---|--|--|
|            | EXTRA DIET OF PATIENT(OTHER THAN         |   |  |  |
|            | THAT WHICH FORMS PART OF BED             |   |  |  |
| 105        | CHARGE)                                  | Patient Diet provided by hospital is payable        |  |  |
|            | BLANKET/WARMER BLANKET                   |   |  |  |
|            | ADMINISTRATIVE OR NON-MEDICAL            |   |  |  |
| 106        | CHARGES                                  | Not Payable- part of room charges                   |  |  |
| 107        | ADMISSION KIT                            | Not Payable   |  |  |
| 108        | BIRTH CERTIFICATE                        | Not Payable   |  |  |
|            | BLOOD RESERVATION CHARGES AND            |   |  |  |
| 109        | ANTE NATAL BOOKING CHARGES               | Not Payable   |  |  |
| 110        | CERTIFICATE CHARGES                      | Not Payable   |  |  |
| 111        | COURIER CHARGES                          | Not Payable   |  |  |
| 112        | CONVENYANCE CHARGES                      | Not Payable   |  |  |
| 113        | DIABETIC CHART CHARGES                   | Not Payable   |  |  |
|            | DOCUMENTATION CHARGES /                  |   |  |  |
| 114        | ADMINISTRATIVE EXPENSES                  | Not Payable   |  |  |
| 115        | DISCHARGE PROCEDURE CHARGES              | Not Payable   |  |  |
| 116        | DAILY CHART CHARGES                      | Not Payable   |  |  |
|            | ENTRANCE PASS / VISITORS PASS            |   |  |  |
| 117        | CHARGES                                  | Not Payable   |  |  |
| 110        | EXPENSES RELATED TO PRESCRIPTION ON      | To be claimed by patient under Post Hosp where      |  |  |
| 118        | DISCHARGE                                | admissible  |  |  |
| 119        | FILE OPENING CHARGES                     | Not Payable   |  |  |
| 120        | INCIDENTAL EXPENSES / MISC. CHARGES      | Not Payable   |  |  |
| 120<br>121 | (NOT EXPLAINED)                          | Not Payable   |  |  |
| 121        | MEDICAL CERTIFICATE  MAINTENANCE CHARGES | Not Payable Not Payable                             |  |  |
| 123        | MEDICAL RECORDS                          | Not Payable  Not Payable                            |  |  |
| 124        | PREPARATION CHARGES                      | Not Payable   |  |  |
| 125        | PHOTOCOPIES CHARGES                      | Not Payable   |  |  |
| 123        | PATIENT IDENTIFICATION BAND / NAME       |   |  |  |
| 126        | TAG                                      | Not Payable   |  |  |
| 127        | WASHING CHARGES                          | Not Payable   |  |  |
| 128        | MEDICINE BOX                             | Not Payable   |  |  |
|            |  | ·   |  |  |
| 129        | MORTUARY CHARGES                         | Payable upto 24 hrs, shifting cha rges not payable  |  |  |
|            | MEDICO LEGAL CASE CHARGES (MLC           |   |  |  |
| 130        | CHARGES)                                 | Not Payable   |  |  |
|            | EXTERNAL C                               | DURABLE DEVICES                                     |  |  |

| 131 | WALKING AIDS CHARGES                                  | Not Payable   |
|-----|---|---|
| 132 | BIPAP MACHINE   | Not Payable   |
| 133 | COMMODE   | Not Payable   |
| 134 | CPAP/ CAPD EQUIPMENTS Device                          | Not Payable   |
| 135 | INFUSION PUMP - COST Device                           | Not Payable   |
|     | OXYGEN CYLINDER (FOR USAGE OUTSIDE                    |   |
| 136 | THE HOSPITAL)   | Not Payable   |
| 137 | PULSEOXYMETER CHARGES Device                          | Not Payable   |
| 138 | SPACER  | Not Payable   |
| 139 | SPIROMETRE Device                                     | Not Payable   |
| 140 | SPO 2PROB E   | Not Payable   |
| 141 | NEBULIZER KIT   | Not Payable   |
| 142 | STEAM INHALER   | Not Payable   |
| 143 | ARMSLING  | Not Payable   |
| 144 | THERMOMETER   | Not Payable (paid by patient)                           |
| 145 | CERVICAL COLLAR                                       | Not Payable   |
| 146 | SPLINT  | Not Payable   |
| 147 | DIABETIC FOOT WEAR                                    | Not Payable   |
|     |   |   |
| 148 | KNEE BRACES ( LONG/ SHORT/ HINGED)                    | Not Payable   |
|     | KNEE IMMOBILIZER/SHOULDER                             |   |
| 149 | IMMOBILIZER   | Not Payable   |
|     |   | Essential and should be paid specifically for cases who |
| 150 | LUMBOSACRAL BELT                                      | have undergone su rg e ry of lumbar spine.              |
|     |   | Payable for any ICU p atien t requiring more th an 3    |
|     |   | days in ICU, all patients with paraplegia /quadripiegia |
|     | NIMBUS BED OR WATER OR AIR BED                        | for any reason and at rea sonable cost of ap proxim     |
| 151 | CHARGES   | ate ly Rs 200/ day                                      |
| 152 | AMBULANCE COLLAR                                      | Not Payable   |
| 153 | AMBULANCE EQUIPMENT                                   | Not Payable   |
| 154 | MICROSHEILD   | Not Payable   |
|     |   |   |
|     |   | Essential and should be paid in post surgery patients   |
|     |   | of major abdominal surgery including TAH,               |
| 155 | ABDOMINAL BINDER                                      | LSCS, incisional hern ia repair, exploratory laparotomy |
| 155 |   | for intestinal liver transplant etc.obstruction,        |
|     | ITEMS PA YABLE IF SUI                                 | PPORTED BY A PRESCRIPTION                               |
|     | DETABLIS LIVES COST                                   | May be payable when pre sc rib ed for patien t, not     |
| 156 | BETADINE \ HYDROGEN PEROXIDE\SPIRIT\DISINFECTANTS ETC | payable for hospital use in OT or ward or for dressings |
| 156 | LEVOVINE (SLIVII (NISIINLECI HIM 12 E IC              | in hospital   |

|     | PRIVATE NURSES CHARGES- SPECIAL         |  |
|-----|---|--|
| 157 | NURSING CHARGES                         | Post hospitalization nursing charges not Payable       |
|     | NUTRITION PLANNING CHARGES -            |  |
| 158 | DIETICIAN CHARGESDIET CHARGES           | Patien t Diet provided by hospital is payable          |
|     |   | Payable -Sugar free variants of admissable medicines   |
| 159 | SUGAR FREE Tablets                      | are not excluded                                       |
|     | CREAMS POWDERS LOTIONS (Toileteries     |  |
|     | are not payable,only prescribed medical |  |
| 160 | pharmaceuticals payable)                | Payable when prescribed                                |
| 161 | Digestion gels                          | Payable when prescribed                                |
|     |   | Upto 5 electrodes are required for every case visiting |
|     |   | OT o r ICU. For longer stay in ICU, may req u ire a    |
|     |   | change and at least one set every second day must be   |
| 162 | ECG ELECTRODES                          | payable.   |
| 163 | GLOVES Sterilized Gloves                | payable /unsterilized gloves not payable               |
| 164 | HIV KIT                                 | Payable - payable Preop e ra tiv e screening           |
|     |   |  |
| 165 | LISTERINE/ ANTISEPTIC MOUTHWASH         | Payable when prescribed                                |
| 166 | LOZENGES                                | Payable when prescribed                                |
| 167 | MOUTH PAINT                             | Payable when prescribed                                |
|     |   |  |
| 168 | NEBULISATION KIT                        | If used during hospitalization is payable reasonably   |
| 169 | NOVARAPID                               | Payable when prescribed                                |
| 170 | VOLINI GEL/ ANALGESIC GEL               | Payable when prescribed                                |
| 171 | ZYTEE GEL                               | Payable when prescribed                                |
|     |   | Routine Vaccination not Payable / Post Bite            |
| 172 | VACCINATION CHARGES                     | Vaccination Payable                                    |
|     | PART OF HOSPITAL'S OW                   | /N COSTS AND NOT PA YA BLE                             |
| 173 | AHD                                     | Not Payable - Part of Hospita I's internal Cost        |
| 174 | ALCOHOL SWABES                          | Not Payable - Part of Hospita I's internal Cost        |
| 175 | SCRUB SOLUTION/STERILLIUM               | Not Payable - Part of Hospita I's internal Cost        |
|     | 0                                       | THERS  |
| 176 | VACCINE CHARGES FOR BABY                | Not Payable  |
| 177 | AESTHETIC TREATMENT / SURGERY           | Not Payable  |
| 178 | TPA CHARGES                             | Not Payable  |
| 179 | VISCO BELT CHARGES                      | Not Payable  |
|     | ANY KIT WITH NO DETAILS MENTIONED       |  |
|     | [DELIVERY KIT,ORTHOKIT, RECOVERY KIT,   |  |
| 180 | ETC]                                    | Not Payable  |
| 181 | EXAMINATION GLOVES                      | Not Payable  |

| 182 | KIDNEY TRAY                             | Not Payable  |
|-----|---|--|
| 183 | MASK                                    | Not Payable  |
| 184 | OUNCE GLASS                             | Not Payable  |
| 185 | OUTSTATION CONSULTANT'S/ SURGEON'S FEES | Not payable, except for telemedicine consultations w here covered by policy                                |
| 186 | 186 OXYGEN MASK                         | Not Payable  |
| 187 | PAPER GLOVES                            | Not Payable  |
| 188 | PELVIC TRACTION BELT                    | Should be payable in case of PIVI) requiring trac tion as this is generally not reused                     |
| 189 | REFERAL DOCTOR'S FEES                   | Not Payable  |
| 190 | ACCU CHECK ( Glucometery/ Strips)       | Not payable prehospitilasation o r post hospitalisation / Reports and Charts required / Device not payable |
| 191 | PAN CAN                                 | Not Payable  |
| 192 | SOFNET                                  | Not Payable  |
| 193 | TROLLY COVER                            | Not Payable  |
| 194 | UROMETER, URINE JUG                     | Not Payable  |
| 195 | AMBULANCE                               | Not Payable  |
| 196 | TEGADERM / VASOFIX SAFETY               | Payable - maximum o f 3 in 48 hrs an d then 1 in 24 hrs  |
| 197 | URINE BAG P                             | Payable where medicaly necessary till a reasonable cost - maximum 1 per 24 hrs                             |
| 198 | SOFTOVAC                                | Not Payable  |
| 199 | STOCKINGS                               | Essential for case like CABG etc. where it should be paid.   |

## **Annexure III**

# Format to be filled up by the proposer for change in occupation of the Insured

| Member's<br>Unique ID | Category | Name of<br>the<br>Insured | Date of birth/Age | Relationship<br>with Primary<br>Insured | City of residence | Previous Occupation or<br>Nature of Work | New Occupation or<br>Nature of Work |
|-----------------------|----------|---------------------------|-------------------|---|-------------------|--|-------------------------------------|
|                       |          |                           |                   |   |                   |  |                                     |
|                       |          |                           |                   |   |                   |  |                                     |
| Place                 | :        |                           |                   |   | Propose           | er's Signature                           |                                     |

| Place:       | Proposer's Signature |
|--------------|----------------------|
| Date:        | Name:Designation     |
| (DD/MM/YYYY) |                      |